

# living paramadevaita

book 2

ପଞ୍ଜିକା 21-40



# DISCLAIMER

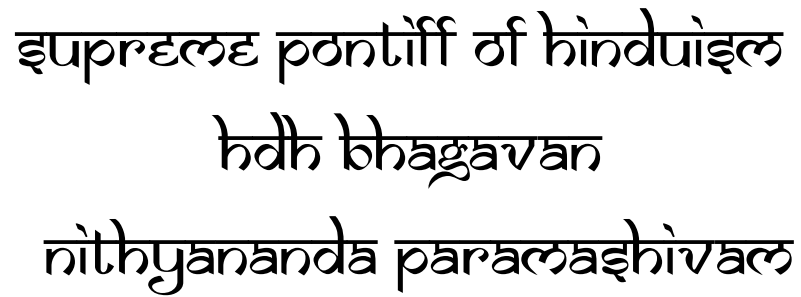
**KAILASA'S Nithyananda Gurukul <sup>SM</sup>**

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ਹੇਠੀਂ ਇਹ ਕਾ ਕਾਥਾਰ ਨਿਰਮਲ, ਅਤੇ ਇਹ ਕਾ ਇਪਾਏਲੇ ਪਾਠੀਓਂ ਤੋਂ ਹਿੰਦੁਸ਼ੀਲ. ਹੇਠੀਂ ਕਾਏ ਲਾਏ  
ਇਹੋਨਟੇ ਤੋਂ ਪੌਘਰ ਲਾਗੀਏਤਾਨ, ਪੁਰਸ਼ਾ ਅਤੇ ਟੇਲਪੇ ਕਾਏ ਪਾਠੀਏਤਾਨੇ ਤੋਂ  
ਹੁਲਾਸੀਏ.

[illegible]

Hindu is the largest group among Indian diaspora in the United Kingdom (estimated at 60% of Hindu population) and present emperor of the United Kingdom is also Hindu. Hindu has the worst perception of multiple assassination attempts on person and character by anti-Hindu elements.



living paramadvaita. living paramadvaita!

ॐ पूर्णमदः पूर्णमिदम् पूर्णात् पूर्णमुदच्यते ।

ॐ शान्तिः शान्तिः शान्तिः

poornasudhachyathe |

॥ ठल इहान्थि, इहान्थि, इहान्तिहि ॥





living paramadvaita' लहानइ, realizing प्रुपु अह जोरोह, ठह जोके the जोरोह, प्रुपु अह नुत अ broken ठर इeparated, दीvided part. please underइstand, 'broken' लहानइ, ठह ठर भी taken ठुत. 'इeparated' लहानइ, internally दीvided. 'दीvided' लहानइ, in the internal, इub-दीvision. प्रुपु अह नथीठर broken ठर इeparated ठर एचन एnterइ into इub-दीvision ठल the जोरोह. the जोरोह, the जोरोह एखीइ अ जोरोह. it इ नुत that नुव प्रुपु जी achieve ठompletion, and in the future प्रुपु जी experientइ ठomplete ठompletion. the ठompletion इ ठomplete ठompletion जहन प्रुपु realize एचन in प्रुपु past प्रुपु जहए अलवइ ठompletely ठomplete... living paramadvaita' लहानइ, realizing the ठomplete ठompletion नुत जुइ in the प्रेइent ठर in the future.

the पेरइon जोर इअइ, in the future इ जी be ठompletely ठomplete', इ अ प्रुग्रे. the पेरइon जोर इअइ, 'नुव itइई' इ अ ठompletely ठomplete', इ अ tant्रीk. the पेरइon जोर realizeइ, नुत ठलु in the future ठर प्रेइent, एचन in the past इ जअ ठompletely ठomplete', इ paramadvaita. underइstand the depth of the ठompletion इ ठomplete in प्रुपु जहन प्रुपु underइstand एचन in the past प्रुपु जहए ठomplete. जहन प्रुपु inठompletion of the past बेठलइ नुत ठलु लहानइइ ठर irrelevant, it इ जुइ unrelatable, unrecognizable by प्रुपु, जहन they don't have अणु लठह place in प्रुपु, प्रुपु अह living paramadvaita. प्रुपु अह living paramadvaita.

# વિદ્વદ્ગણ ૨૧

omeneeds and love





ક્રાંતિકાળ : ક્રાંતિકારીઓના 2016, the historical & spiritual event for planet earth  
 વેબ : nityanada.org, 14-07-2016

## ગનનદી અને ભગવાન

ગનનદી હવે તો ભગવાન

today i wanted to explain ભગવાન નો the context of  
 ભગવાન નો.

understand. ભગવાન.

the definition = the definition, explanation ... definition,  
 explanation, which ભગવાન you find ગનનદી with  
 people or animals or inanimate beings or situations is  
 ભગવાન. definition or explanation, which ભગવાન you find  
 ગનનદી with people or animals or inanimate beings  
 or situations, is ભગવાન.

with ભગવાન everything will be solved. understand. without ભગવાન, even human  
 beings around you will be like a mirror for you. you can see the face or the  
 face. with ભગવાન and integration = actually ભગવાન is a powerful thing, which brings  
 you integrated. anything you ભગવાન, you will be integrated to it. you can see it in  
 your life.

anything you are in ભગવાન, first thing you will see, "I  
 be integrated to it."



internally the decision you make, if you love a dog you decide, "I'll be integrated to it." if you love a plant you decide, "I'll be integrated to it." if you love a concept you decide, "I'll be integrated to it." whether you are integrated to it or not, decide whether you have love for it or not.

## powerful cognition:

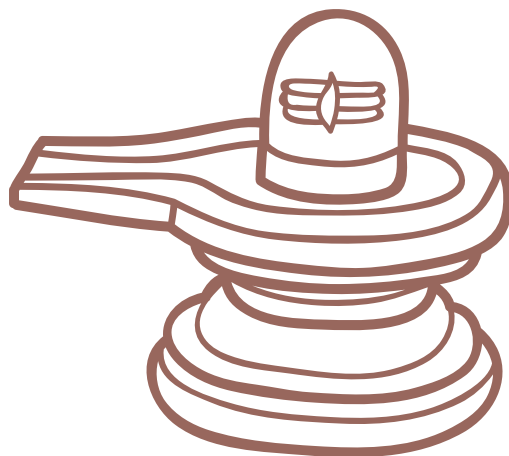
anything you are in love, you decide, "I'll be integrated to it."

## કોચીઃ

- to understand how one decides love
- for the student to recognize that what you love is what you decide to be integrated to, and whether you are integrated or not to something or something decide whether you have love for them or not.

## વડેડેડેલન્ટ:

1. what is the definition of love from the context of yoga practice?
2. how are love and integrity linked?







## project of the day: love and integrity labharogai needed:

- paper and pen

### procedure:

- divide the paper into 2 columns.
- on the left, put the heading "people, animals, plants, concepts, inanimate beings or situations, everything i love".
- for the right-hand column, put the heading "loyalty integrity to them".
- now list something or someone you love in the left column, and in the right line on the right, give an example of how you are integrated to them. for example, if on the left you have "my pet" then on the right you may have "every day i make sure they have fresh water to drink".
- continue until you have at least 3 examples.

### inference:

whether you are integrated to it or not, decide whether you have love for it or not.

## workshop of the day vaakyartha shodha

hold vaakyartha shodha on "one day i have to love".

### conclusion

emotion or excitement, which make you feel one day with people or animals or inanimate beings or situations, is love.

# વિદ્વદ્ગ્રંથ ૨૨

તરિક્કોટ તુરખન્ટુ, પ્રિન્સિપોલ ઇઝ ઓનનદરૂ





આત્મજ્ઞાન : ટરફલોટ ઠનનદડ્ડ, the ઠાપુ ટુર્રનન્ટુ ઠ ઠાનિદનદડ

વેઠઃ : ઠિનિદાપુ, ૩૦-૩૬૫-૨૦૧૬

## ઘઠઠ i ઠલ ઠોડ્ડોનઘ? - ઠનનદડ્ડ

ઠિનિદ ટિઘ ઠોનઘડ્ડ, ઘઠોઠ i ઘઠનદડ ઠઠ ઇઠનઠ ઠઠઘા. ઠોડ્ડ ઘઠ ઠન ઠ ઠે ઠેપઠનઠનઠ ઇપઠેઠ, i ઠલ ઠનઠરુઠનઘ ઠનઠ ઠનઠઠ ઠઠઠનઠનઘ. ઠઘુઠ i ઠન ઇઠા, ઠિલ ઠે ઠોઈઈનઠ ઠઘ્ડે. ઠે ઠુઠ ઠેડોઈ, i ઠઠ ઠઘ. ઠે ઘાપુ i ઠલ ઠનઠનઠનઘ i ઠલપ્લેઠોપ ઠઘ. ઠોડઠઠઠનઘ ઠે ઠનિઠોપે, ઠોડઠઠઠનઘ ઠે ઠનિઠોપે, ઠ ઘઠોઠ ઠી ઠે ઠનિદનદડ્ડ ઠનિઠોન, ઠી ઠે ઠોલનઠોનઠ ઠનઠ ઠનઠડ, ii ઠોલનઠોનઠ, i4 ઠનઠ. ઠઠુઠીપુ, ૩ ઠોલનઠોન ઠી i ... iઠનપુ ૩ ઠનઠડ ઠી i i ઠોલનઠોન ઠેડોઈ. i ઠનઠ ઠેઠડ ઠઠ ઠી iનઠ ઠપુ ઠ ઠે ઠોલનઠોનઠ, i4 ઠનઠડ, ii ઠોલનઠોનઠ. ઠી ઠ ઠેલ ઠનિઠોન, ઠ i ઠનિઠોપે. ઠિ ઇઠલપે, i ઠુઠ ઠન ઠઠોઠઠઠ ઠિ ઠઘ ઠુઠ ઠોઈઠપ્લે ઠનઠ ઇનઠ i ઠો ઠઠઠઠઠો, ઠુઠ ઘી ઠઠ ઠ ઠોઘ ઠુલ્પઠઠ ઇઠઠ. i ઠુઠ ઠન ઠઠોઠઠ ઠ ઠો ઠઠઠઠઠો ઠનઠ ઇનઠ iનઠઠ, ઠુઠ ઘી ઠઠ ઠ ઠોઘ ઠુલ્પઠઠ ઇઠઠ. ઠોઈન ઠઠઈપીપુ, ઠે ઠલનઠઠઠ ઠોઠીઠ ઠઘુ ઠે ઠઈપી i ઠલનઠઠ, iનિઠીઠ ઠોઠીઠ ઠઘુઠ ... iનિઠીઠ ઠુર્રનન્ટુ, ઠુપઠડ ઠઘુ ઠે ઠઈપી i iનિઠીઠ, ઠઠઠપુઠીઠ ઠોઘઘોડ્ડ ઠઘુઠ ઠઈપી i ઠઠઠપુઠીઠ, buઠ ઘુઠો i ઠ ઠનિદનદડ્ડ ઠુર્રનન્ટુ. ઠે ઘઠોઠ ઠનઠ ઇઠઠ, ઠપુઘઠનઠ ઠે ઘુઠો ઠન ઠે ઠઈવે ઠ ઠ ઠુર્રનન્ટુ. iઠલ ઘઘુ, ઠેઠ i ઠઠઠઠ ઠુલ્પઠ, ઠનઠઠ ઇઠપુ iઠોઠઠઠ ઠઈપી i ઠઘ ઠુઠ. ઠેઠ i ઠઠઠઠ ઠુલ્પઠ, ઠોઈઠપ્લે, ઠઈપી i ઠઠઘઠોઠ. ઠેઠ i ઠઠઠઠ ઠુલ્પઠ, ઠનઠઠ ઇઠપુ ઠઈપી i ઠઠઠઠઠો. ઠેઠ i ઠઠઠઠ ઠુલ્પઠ, ઠનઠઠ ઇઠપુ, ઠઈપી i ઘુઠલઠપુ. i ઠુઠ ઠઠ ઠ ઠોઈઈનઠ ઠઠ, ઠુઠ ઘી ઠઠ ઠ ઠુલ્પઠ ઇઠઠ.

buઠ, ઠેઠ i ઠ ઠુલ્પઠ, ઠ ઠનિઠોપે, ઠલલઠ ઠ ઠે ઘઠોઠ i4 ઠનઠડ ઠn ii ઠોલનઠોનઠ. ઠે ઘઠોઠ ઠઠલઠઠ, i ઠુઠ ઠેઠઠોપ ઠોડ્ડ ઠ ઠનિઠોપે i ઠુઠ, ઠુઠ ઠઠ ઠ ઠઠલોટ ઠુર્રનન્ટુ, ઠુઠ ઘી ઠઠ ઠઠ ઇઠઠ i ઠપુ ઠ ઠેડ્ડ ઠનઠડ, ઠપુ ઠઠઠોન iનઠ ઠપુ ઠનઠ.



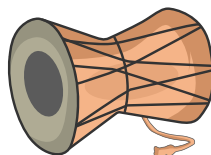
whether you go to the pitru loka, bhū loka, bhavān loka, tapo loka, tapo loka it is called... śatya loka, brahmaloka, vaikunta, kailāśa, śrīloka, pātāla, tvāṣṭi, śrī bhavān... mahābhāva bhavān, the frequency of pitru loka, connects with the frequency with bhū loka. so, anything offered today, for your pitru, directly reaches them. they all ... they open their doors, to see you today. today, they can have access to you. you can have access to them. you can complete with them, whatever intention, you left without completing. all the pitru ... pitru, people who are connected to your life, but who are not in the body anymore, who were connected, who are connected, but who are not having the body anymore. pitru, in any loka, any transition, this one principle will not allow any fear, will not allow any cultural shock. it is like you have constant currency, that principle is unchanging.

## powerful cognition:

like you can be used as a currency in any country, there is one constant currency, that principle is unchanging.

## summary:

- to understand that countries may have different currencies but you can be used as a currency everywhere
- spiritually, there is one principle common to the whole 14 planes and 11 dimensions, the principle of unchanging







## ઘડેદેદેલેન્ટ:

1. What is the principle on which all the universe is function, all the dimensions and planes?
2. What happens on akasha?
3. What is the "curvature" that can be used around all the lokas?

## project of the day: title optional

### procedure:

research the vedic loka, the 14 planes, especially all of the higher planes.

### independent:

in any loka, any transition, there are principles which are not obvious any day, which are not obvious any culture etc. it is like you have to find curvature, that principle is hidden.

## workshop of the day

### vaakyartha shodha

have the independent role vaakyartha shodha on how hidden which are not obvious any day, which are not obvious any culture etc. in all of the world is plane and 11 dimensions.

### conclusion

it is like you have to find curvature, that principle is hidden.

# વિદ્વંસ ૨૩

જોહાતે કલ લોડીંગ્સ? - રામનંદક





જાતકાન્ત : ટરફોટ ઝનનદડ, the ગોપુ સુરુઅનતુ ઓ યુનિવર્સલ

વેકલ : ત્રિવેડુ, ૩૦-ફેપ-૨૦૧૬

what i all લોડિંગ? - ઝનનદડ

if યુ ઇસ્ટ બુલ્ડિંગ, the વેપ્થ ઓ ઝનનદડ in યુ, ટરફોટ ઓ ઝનનદડ in યુ, ઇવન યુર ઇન્ટરફ્રોલ્ડ વી લિબરલ યુ.

લિટન ટાર્ફપીયુ. લિટન ટાર્ફપીયુ. ઇવન યુર ઇન્ટરફ્રોલ્ડ વી લિબરલ યુ. i વાન્ટ ટુ ટી યુ, if યુ ઇડી યુ અલ લોડિંગ ઇલલથિંગ in લિટ, લાકિંગ ઇલલથિંગ in લિટ, વોલે લોડ ઓ યુ હાવ, લોડ ઓ યુ હાવ, ઇવન થાટ, લોક નિલ થે અંગ્રે ઓ ઝનનદડ. તી યુ ડ્રેટ યુર ઝનનદડ બેક, યુ વી અલવેયુ ઇડી ઇલલથિંગ લોડિંગ, અવ ઇવન if યુ ડ્રાઇન ઇટ, યુ વી લોડ ઇટ, યુ ટુ ઇડી થે લોડિંગ ઇડીંગ ઇ વોલ યુ ઇન્ટુ.

i ટાી ઇ ચેટલ ... લાંવે. થે લાંવે કાનન ઇન્ટુ થે ઇપ્લેડ, બુ ચેટલ ઇ ટા ... ચેવે ... ચેટલેઠવે, કાીપ, ઇ ટા ચેવેડીયુ ચેડુલિઝ અવ ઇન્ટુ. થે ચેટલ લેનલ ઇટુપ, કોલોડ ડ્રાઇવે થે ઇકરવેનદડ. if યુ અલ ઇડીંગ યુ અલ ચેટલ, "ઠે, યુ અલ હુલબે." નઃ કી થોડે ઇપીવેડીયુ. વેડે નઃ ઇકુ in ઇકોચેડલ. in ઇકોચેડલ ચેટલ લેનલ ઇટુપ ઇ નઃ અપ્પ્રેકિલેવે ઓ અકેપ્લેવે, ઓ રેડેપેક્ટેવે ઓ રેવરેડે. નઃ.

i હાવ ઇવન, થે પેપલ વો ઇન્ટુ ચેટલ લેનલ ઇટ યુ, થેયુ વી હાવ ઇ લુલે અંગ્રે ટોવર્ડે અ્યોવે, વો ઇ હાપ્પુ, થેયુ કાન્ટ ટોલેલે હાપ્પિનદડ. થેયુ કાન્ટ ટોલેલે ઇલલેવેડીયુ યુપી. થેયુ વાન્ટ ઇવર્યુન ટુ બે in થે ચેટલ ઇપલે લીકે થેલ, બેકાુઠે થેયુ અલ in પલેલ. થેયુ વાન્ટ ઇવર્યુન ટુ બે in પલેલ. થેયુ ડોન્ટ વાન્ટ અ્યુન, ટુ બે in ઇવરગ્રા લોક ઓ બ્રાહ્મલ લોક ઓ લાપો લોક.



even, if you have this problem, if you understand, analyze it, try to solve it the angle of oneness. Understand even that loving will be the like love loving love ... that love loving kṛṣṇa, love loving kṛṣṇa. it's not that they did not have that explained or explained. when they try to handle it the total oneness, even that take out the way and finally it led down into the perfection of oneness.

## perfection:

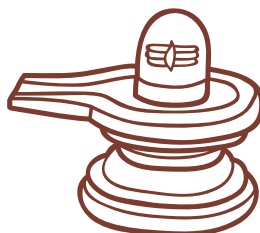
if you find you are loving something in life, loving something in life, even that, take it the angle of oneness.

## goal:

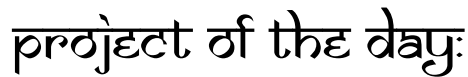
- to understand that even your strength will liberate you
- when you find like you are loving something in life, instead of a total love, set up, try to solve it the angle of oneness

## question:

1. when after we gain something that we love, why do we love it?
2. we love something total a total love, why?
3. we love in your own way what happened when love loving kṛṣṇa, love loving kṛṣṇa







procedure:

## inference:

## Workshop of the day

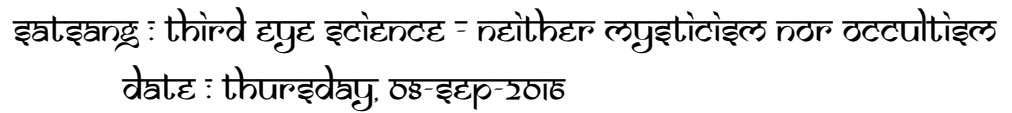
## conclusion

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# વિદ્વંસન ૨૪

બધા અર્થ પ્રગટાવવા માટે આ પ્રગટાવવામાં આવેલ છે





understand, paralaishiva is very clear = he  
pragmatically all of us with his own inner space. in this  
human world you can learn to play, play by  
realizing your own with paralaishiva.

theદેહ બાદ જદાપુ લેદવાળુ, the ફાટાદે ફાટાદે ઠી  
લવાઈદેઈંગ્સ પુરુષ ઠાણેઈના ફાટાદે ઠી પાસલકેઈનાજાવા.

[illegible]

પ્રપુત્ર ઠાંગેગિનાંકો ઇત્યાદિ એ પારાલલકેશોચિત્ર છે.



- you can learn faster easily, simply by realizing your oneness with paramatma

1. વેદેડ પ્રમાણ હુલાસા ત્રિલેક લાકેડ લાનોંદેડિંગ્સ ફેક્ટોરિઝ વૈધિતિય?
2. વેદેડિયોલેડ થેડ વર્ધિલેડ આલોગ્યુ ઇન પ્રમાણ ટાન વાગવેડ

વેદિકગૌડે ಹેઠ પુણ દિલો ઓગણ પુણરૂઈ વહેન પુણ હેઠાર થાત લગાઈદણિંગ્ શેઠાકોડે છે  
 “the sacred essence of લગાઈદણિંગ્ પુણરૂ ઓગણલ ઇસ્ટે ઓ પારલ્લશેઠિવત્વા.”

"In the end, human nature can be transformed. It's not by realizing your own desires with paralambhiva."

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# વિદ્વંસન ૨૬

શ્વાત્રયે શ્વાત્રયે શ્વાત્રયે of third eye to attain omniscience





શ્રીશ્રી : the applied science to awaken third eye - method 2

date : તુષ્ટવેદ્ય, ૦૬-૬૫-૨૦૧૬

## શ્રીશ્રી શ્રીશ્રી science of third eye to attain oneness

૧) continue to grow the શ્રીશ્રી શ્રીશ્રી science of third eye.

understand third eye has a capacity to make anything you want as reality. listen to this very carefully, it has a capacity to make anything you want as reality, whether the health of your body, love of your life, realization of your abolition, experiencing your completion, attaining your oneness, whatever, whatever, whatever. third eye has the capacity to make whatever you want as reality and please understand, one of the last શ્રીશ્રી શ્રીશ્રી you need to know, if you do on this the vibration with another one vibration, the vibration will be perfect.

કલ્પે જોઈ if you do on this your third eye with what you call as your completion, third eye will be awakened. હવે, whatever you know is only your attention.

listen carefully. your love only you call as personality = your ability to grow attention only, you call it as your completion.

you don't know anything else as completion, all you know about your completion is your ability to grow attention = that is why when I talk about grow your attention you feel they love you. when they don't grow attention you feel they don't love you.



ચદમ્બ ફોલ્પેટ તૈકનીક. 42 મિનિટ. ફુલ્લી અપ્પ્લી થે તુલકાંતે ઓ થે રાઈકેડ, પુટ નોંદોય થે કુલ-કુલ ઓ થે થોર્વે યુદે રદ્ધોન. હે વેઝન ઓ 42 મિનિટ અને ઓદેદારવે વ્હાત થે તુલકાંતે અને કુલ-કુલ હે વેઝોંગ્ગે હેંદોવે ઈન પુરુષ થોર્વે યુદે, ઈ વ્હોં અક્ટુઅલ્લી પેન્ટ્રાતે પુરુષ ફેકિન અને જુસ્ટ ઈ વ્હોં સ્ટાર્ટ અક્ટિવેટિંગ થે થોર્વે યુદે, ઈ વ્હોં બે, હીકે ફપાર્કેડ, ઈ વ્હોં ટોલે ઓ થે થોર્વે યુદે. ઈ વેન'ત વ્હાન ટો વેડેટાઈઝ વ્હાત વ્હોં હપ્પેન બેકાઉસે પુરુષ વ્હોં સ્ટાર્ટ લેક્ઝોનિંગ થાત, પુરુષ ફેશોલ્ડ નોટ લેક્ઝોનિંગ, ઈ ફેશોલ્ડ હપ્પેન.

## પોવરફુલ રેકોગ્નિશન:

પુરુષ થોર્વે યુદે હાસે ઓ કપેસિટી ટો લેકે અટ્ટેનિંગ પુરુષ ઓનદેડે અસે રેઅલિટી

## ફોલોઈઃ

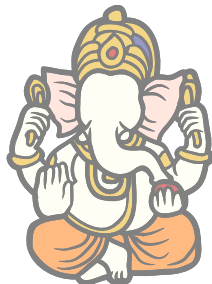
- ટો યંદેરસ્ટાંડે થે કપેસિટી ઓ થે થોર્વે યુદે
- ટો યંદેરસ્ટાંડે થાત ફોર્વિંગ ઓ ફેટ્ટિંગ અટ્ટેનશન હે વોઈદેરન્ટ રિઝલ ટોનડેટોરુસેડેડ
- ટો બે ઈન્ટ્રોડુસેડ ટો ઓ તૈકનીક ટો સ્ટાર્ટ અક્ટિવેટિંગ થે થોર્વે યુદે

## અસેડેડેસેલન્ટ:

1. વેડેટાઈઝ થે અનાલોજી ઓ રુબ્બિંગ ઓ વોલરોંડે વોથે અનોથેર અસે ઈ રેલેટેડ ટો થે થોર્વે યુદે.

2. વ્હાત હે ઓ રેઅસન થાત “ફોર્વિંગ અટ્ટેનશન” હે નોટ ટોનડેટોરુસેડેડ?

3. વ્હાત ઈટલેસ અરે નેડેડેડે ટો થે 42-મિનિટ તૈકનીક ટો સ્ટાર્ટ અક્ટિવેટિંગ થે થોર્વે યુદે?





## project of the day: start activating the third eye

### materials needed:

- turlangot
- kul-kul
- a tilak

### procedure:

- fully apply the turlangot on the forehead
- put nicely the kul-kul on the third eye region.
- lie down for 45 minutes and observe what the turlangot and kul-kul is doing inside in your third eye, it will actually penetrate your skin and just it will start activating the third eye
- you should not imagine what will happen in the 45 minutes, it should happen.

### instructions:

observe what the turlangot and kul-kul is doing inside in your third eye, it will actually penetrate your skin and just it will start activating the third eye.

## workshop of the day vaakyartha sadha

hold vaakyartha sadha on using the capacity of your third eye to achieve what you want. how does that differ from using your personality, your attention?

### conclusion

understand third eye has a capacity to make anything you want be reality.



# વિદ્વદ્ગ્રંથ ૨૬

buddhi and shakti, both lead to moksha







buद्धhi ande ihakati, both lead to oneness

the higher frequencies of existence are not bound by the lower perceptual existence rules and regulations. think of it = either you realize the power of the mind, or you start dealing yourself with the truth about deep sleep, dream, waking and awakened state, any one way you will have the other one also. if you deal yourself with the truth, which is all explaining, you will be awakened.

You will have the power of third eye or you  
 manifest the power of third eye, with the intention  
 that the intention, you will be awakened.

પ્રુપુ વાળી હાવદ થોડે કનુવોદવેદ. બુદ્ધીને કે કનુવોદવેદ, ફેક્ટો, તે પુવેદ = બોલે  
 ઠલેદ નિલ થાત અવકેનદે ઇતદ. બોલે વાળી હાવદ તો અવકેનદે ઇતદ. ઇથેન પ્રુપુ  
 ઠાન ત્રેદ ઉપ થોડે પાથ, પ્રુપુ વાળી હાવદ થાત ઓર ઠ ત્રેદ ઉપ થાત પાથ પ્રુપુ વાળી હાવદ  
 થોડે ઓર. ઠા દાખલે, વેન લુ કોડે લાનિદેડ લઠા અને લઠા પુવેદ ઠ થે થોડે  
 દુદ, તેદુ વાળી હાવદ થે બુદ્ધીને ઓરુ થોડે પેરેપ્તોનલ રેલોડ ઠ વેદલ ઇતદ,  
 વેદપ ફેદપ ઇતદ, વાકોંગ ઇતદ, અને અવકેનદે ઇતદ. ઠ પ્રુપુ ઇતન વેનિંગ  
 પ્રુપુવેદવેદ વોથે થેદે ત્રુથે. પ્રુપુ વાળી ઓર બે અવકેનદે. પ્રુપુ વાળી ઓર લાનિદેડ  
 ઓ થે પુવેદ, ફેક્ટોડે લુ કોડે અને લાનિદેડ, અનુ વાનુ.



## પરબરપી ટરફનોતીઁ:

બુદ્ધીઁ ઇઁ ક્ષતબોદ્ધેઁ, ઇશ્વરતી ઇઁ ત્હે પરબરપી = બોત્હે ટરલેઁ રીઠલ ત્હાઁ અબ્બરબેઁ ઇત્તર. બોત્હે ઝીી હેઁડ તો અબ્બરબેઁ ઇત્તર.

## છૂઠ્ઠાઁ:

- તો હેઁરન ત્હાઁ પેરસેપ્તીઁનલ રેલોતી, પેરસેપ્તીઁનલ ઇઁસ્ટેઁસેઁ રૂલેઁ અરે ડીફેરેઁન્ટ ઇન વેઁડેપ ઇઁડેપ, વેરેઘલ, ઝાકરેઁઁ અઁડે અબ્બરબેઁ ઇત્તર
- તો ઁઁઁરેઁસ્ટાઁડ ત્હાઁ બોત્હે પાત્હે = ડેઁઁીીંગ પ્રોપરેઁઁી ઝીત્હે ત્રુત્હે, ક્ષતબોદ્ધેઁ, અઁડે લઁઁીઁઁઁઁીંગ ઝીી ત્હે પરબરપી = ઝીત્હે ત્હે ઁઁઁઁઁઁઁ રીઠલ ત્હે ઁઁઁઁઁઁઁ, પ્રોપ ઝીીી બેઁ અબ્બરબેઁ.

## ઁઁઁઁઁઁઁઁ:

૧. ઇન ઝીત્હે ઇત્તર ટઁન પ્રોપ ઇઁઁ ત્હેરોપ્ઁઁ પ્રોપર નેઁઁ? ઇન ઝીત્હે ઇત્તર ટઁન પ્રોપ નોઁ ઇઁઁ ત્હેરોપ્ઁઁ પ્રોપર નેઁઁ?

૨. ઇઁઁ ઝીી ત્હે ઇત્તરેઁ ટરઁરેઁ ઇન ત્હેઁ હેઁઁઁઁ

૩. અરે બોત્હે બુદ્ધીઁ ઁડે ઇશ્વરતી રેઁઁીરેઁડે તો બેઁ અબ્બરબેઁ? ઝીઁપુ ટર ઝીઁપુ નોઁ?





## project of the day: buddhi and bhakti

### procedure:

meditate the power of third eye, or meditate the state of deep sleep, dream, waking and awakened state.

### instruction:

buddhi and bhakti = either you can take up this path, you will have that bliss or take up that path you will have this bliss.

## workshop of the day

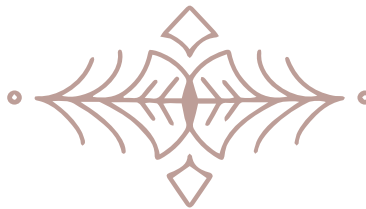
### vaakyartha shodha

third vaakyartha shodha on

"you will have the power of third eye or you manifest the power of third eye, with the oneness in the oneness, you will be awakened."

### conclusion

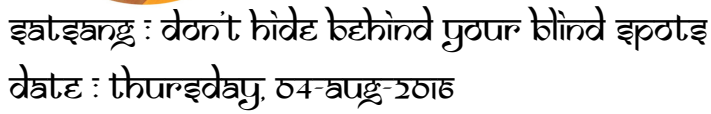
third eye = either you manifest the power of third eye, or you start dealing yourself with this truth about deep sleep, dream, waking and awakened state, any one way you will have the other one bliss.



# વિદ્વંસન ૨૭

ભગ્વદ વદન્ટુડ ઠનનદડ્ડ





date : thursday, 04-aug-2016

ਨਵੀਂ, ਜੋਹਨ ਘਰਨ ਇ ਅੰਕੌਨ: “ਇਥਲੋ ਇਥੋ ਥੈਥ ਫੁਰੋ ਇ ਨਹ ਰਹੇ ਭੂਤ ਰਾਨਣਫੁ, ਰੋਟਫੁ ਥੈਥ ਰਾਨਣਫੁ ਲਵਨ ਰਿਧੀਫੁ ਫਰਫਰਪੁਰੋਪੁ?”

[illegible]

ભોજન કે ફરિયાદો જણાવે. ઝાઝાઈડાઈ કે દુ:ખાઈદાઈનો દુ:ખાઈદાઈ.

- Understand that loving everybody is different from experiencing everybody as one.

1. କେମିତି ଏହି ଲବିଙ୍ଗ୍ ଉପାୟଗୁଡ଼ିକୁ ତୁମେ ଇଚ୍ଛା କରୁଛ?
2. କେମିତି ଏହି ଲବିଙ୍ଗ୍ ଉପାୟଗୁଡ଼ିକୁ ତୁମେ ଇଚ୍ଛା କରୁଛ?





project of the day: oneness and love  
labarogais nedved:

- pen and paper

procedure:

- divide the paper in 2 columns. on the left side put the heading: "my experience of love". on the right side put the heading: "my experience of oneness".
- try to think of experiences that

workshop of the day  
vaakyartha vadha

how vaakyartha vadha is

"oneness is experiential experience. forget love, but for oneness."

conclusion

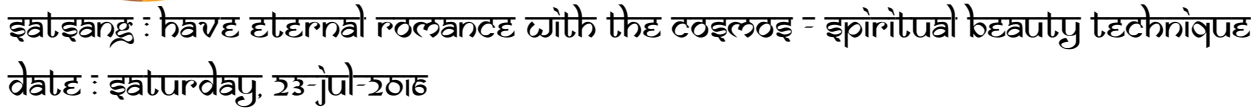
oneness is a continuous experience every day is.



# વિદ્વંસન ૨૪

Leadership quality through oneness





i તદ્દી પ્રુપ, thંડે pure quંડitioning thought current, the ભરંદ and ભરંદ પ્રુપ ઁદરંડે, ભરંદ and ભરંદ પ્રુપ ઁી બે જોડુડો, પ્રુપ ઁી બે બીડેડુડો, પ્રુપ ઁી બે radiating, પ્રુપ ઁી બે radiating, પ્રુપ ઁી બે just unભેશginably radiating, and i તદ્દી પ્રુપ, it ઁી ભરંદ પ્રુપ ઇઠ ઇભરંદ, પ્રુપ ઁી નંદોઁદર ઁદો ભંદોડુ in પ્રુપ ભીંદ નરં ઁદો અડુ નંદંદે ભરં અડુ support ભરંભ અડુ external ભરંદ.

ગોદાધરી પુરાણ અનુસાર તે છે ૩ ફરંગી દેવદર, પોલીસદાર દેવદર, નીલોદ્રીપદ દેવદર ને અગ્ર દેવદર, ૩ દેવદર નહતે તે હાલ દેવદરનાં ટુપાકાદ તે છે ગોદા તોડે રાજદેવદર. પાંદરદેવદર, શ્રી રાજદેવદર લોકપાંદરદેવદરે બેટરલ દેવદરદેવદર. શ્રી રાજદેવદર ગોદા તે છે લોકપાંદરદેવદરે બેટરલ દેવદરદેવદર. if પુરાણ અનુસાર તે શ્રી-રાજદેવદર ગોદા પાંદરદેવદરદેવદર, તે બેટરલ દેવદરદેવદર.

powerful cognition:

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## બરકેફોર્પ of the વેય વાક્યાર્થા શ્લોકાઈ

હોલે વાક્યાર્થા શ્લોકાઈ ઠા હોલ પુર વાક્યાર્થોનું લાકેઈ પુરુ ઇર ઇરોનું પુરુ વી  
નહોતેર દેલો ભોલો ન પુરુ ભીર નર દેલો અનુ નદેર ઠા અનુ સુપ્પોરત ભીર અનુ  
દેલોતેર ભીર.

### ભોલોપદોન

ભીર પુર વાક્યાર્થોનું ભોલોપદોન, ભીર ભીર અને ભીર પુરુ ભીરો, ભીર  
અને ભીર પુરુ વીર હે જોપુર, પુરુ વીર હે ભીરો, પુરુ વીર હે ભીરો, પુરુ વીર હે  
ભીરો, પુરુ વીર હે જુદે અભોલોપદોન ભીરો.





# વિદ્વંસન ૨૭

unite with the cosmos and reach the oneness





કાલકાળ : આરંભે the avatar: interview with rajiv lalithotna and paramashivam  
nithyananda

વેબ : વેબસાઇટ, 13-જુન-2016

## unite with the world and reach the oneness

આજે: and, it is true that we open our doors for the people who are living  
hindu to become hindu = and

i tell you the moment you bend your body for any  
nail, you are a living hindu and even the  
moment you decide to pray, pray and what, it has  
a very 2 perception = there is world and you  
are a person with multiple life and you have to unite  
with the world and reach the oneness. that is pray.

in the moment you start practicing pray, you understand the oneness, you  
understand multiple life, you decide to become one with that world oneness.  
in the basic idea and truth of hinduism is part of your psychology.

## powerful cognition:

by doing pray, you decide to become one with that world oneness, you are a  
living hindu

## conclusion:

- to understand that the basic idea and truth of hinduism is part of your psychology



## અહીંથી શરૂઆત:

1. વેદવિગ્રહો તેમ જ પ્રદર્શનપ્રતીકોનાં યોગ્ય ઉપયોગો અંગત સ્તરે

## પ્રોજેક્ટ ઓફ ડે: શ્રીયુગ નાલાકર

### લાભાર્થી નિર્ધારિત:

- યોગ્ય વસ્ત્રો અને યોગ્ય સ્થાન

### પ્રક્રિયા:

નિર્ધારિત શ્રીયુગ નાલાકર, સહિત તેનાં પ્રાચીન રીતિ રીવાજોનાં યોગ્ય નાલાકર અનુસાર, સાચી રીતે જાણીને તેનાં ઉપયોગો.

### નિર્ણય:

તે સમયે જ્યારે તમે પ્રાચીન યોગ્ય, તમે અનુભવે તે સમયે, તમે અનુભવે સમયે તમે તેનાં ઉપયોગો, તમે તેનાં ઉપયોગો, તમે તેનાં ઉપયોગો.

## વર્ગીકરણ ઓફ ડે

### શ્રીયુગ નાલાકર

તે શ્રીયુગ નાલાકર તેનાં ઉપયોગોનાં ઉપયોગો.

### સંકલ્પ

તેનાં ઉપયોગો અને તેનાં ઉપયોગોનાં ઉપયોગો અને તેનાં ઉપયોગોનાં ઉપયોગો.

# ਵਿਭਿਨ ੩੦

ਰਾਮਨਾਥ = ਵਿਭਿਨ connection with gurus







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understand, to whom you open you being and feel connected is very important. the moment you decide to be my disciple, decide to entertain feeling connection to me, then the power bhakti towards me, understand, i have put the whole intention of oneness in the complete head full inside you. you do not need any spiritual practice to achieve that. you just have to declare to start manifestation that, you just need to declare and allow that to manifest in your life, in your situation, everyday again and again. i tell you, when you declare and start manifestation even the intelligent you require for further manifestation = i will end it along with it. you don't have to think, "to build 24-inch biceps, i have to lift 20 kg in each hand, i can only lift only 5 kg how will i lift 20 kg and build the biceps?" no. start with 5 kg, that strength which you develop with 5 will take care of you lifting 5, the strength you develop further will take care of you lifting 10.

start declaring 'paramashivoham' and manifestation, whichever state, stage you are in. when you start declaring, manifestation, you will have intelligent to manifest higher and higher things. we always have a problem, "oh! I want just declare and stop even nature. he plays with nature. i am not even able to stop my tear, how will i stop the rain?" that is the way people start developing the idea. no. start with your tear, start the declaration to stop your tear. when that starts happening, becoming reality, you will have the strength and knowledge, love and hatred getting revealed, then you will be able to love to the next, next.

## powerful cognition:

start declaring 'paramashivoham'. i am paramashiva. this is one of the most powerful declaration.



- ## வடிவவழிமுறை:

-



## project of the day: paramashivoharal latharigai neddade:

- pen and paper

### procedure:

write a line the declaration

"i am paramashivoharal and this is the way i want my life to be."

physically write or type the declaration. do not use copy-paste.

how does it feel to make this strong declaration?

### inference:

start declaring 'paramashivoharal' and laninging. whichever state, it's your  
and in. when you start declaring, laninging, you will have intelligent to  
laninging higher and higher thing.

## workshop of the day vaakyartha shadha

how vaakyartha shadha is

"if you are a disciple, you don't need any spiritual practice, you only need to  
laninging all the shadha i have put inside you."

why is it important when you entertain this connection to?

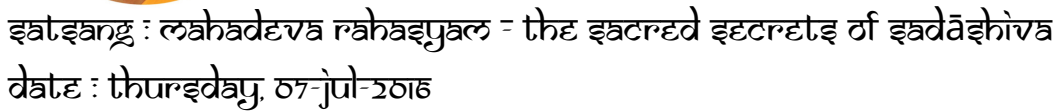
### conclusion

the feeling connection you create has tremendous impact over you.

# વિદ્વંશ ૩

વિદ્વંશોલ અને શિવચર્યુ બંદ નોત ંનનદરૂ





આવેશકાન્ઠ : લાહોરના રાહાણપાલ = the આરબે ફટકાઈ ઓફ ફાવેશકોરના  
વેકાટ : the આરબે, ૦૭-જુન-૨૦૧૬

understand, if you have the attitude = *ଚଇଲଟ* is great, you are low = it's half-truth. *ଚଇଲଟ* is great is truth, you are low = is a terrible loss out of which you function. I want to remind you once more = for good to be great, you don't need to be bad. It's only in human kingdom, if somebody has to be a king, you have to be evil. If somebody has to be a boss, you have to be a slave. If somebody has to be a leader, you have to be a follower. Not in the divine kingdom, because Krishna it is not headed by 'one', it is headed by oneness.

understand, it's of the fact that understanding is not achieved. Not achieved. Please listen. Right understanding can shift the very way you exist, the very way you function. If you continue to have the attitude = good is all-powerful and you are powerless, maybe someday because you are so deeply believing, good may manifest what do you want, but you will never achieve the solution. You will never solve the problem. You may try to be asking; he may have to try to be giving. The drama will go on endlessly.

પ્રથમ કહેતો, હે ડ્રોઈંગ. ફોલોલોઈંગ પ્રથમ રિપોર્ટિંગ લેખક કહેતો તો તો લખે અને  
 હે નો ડ્રોઈંગ, અને તેમ પ્રથમ બેલોઈંગ હોલ. શી થોઈ તુ ઈ યાર યાઈ ઈ ઓ. in the  
 modern-day people વોર્સલ દરેક ઈ. પ્રથમ ફોલો ઈ to the લેપ્, પ્રથમ ઈ to  
 the ઓથર લેપ્. પ્રથમ તુ અને તેમ વેલોઈ, "નો. i think it's not વોર્સલ ઓ તો  
 લે. i લ વોર્સલોઈ હોલ." પ્રથમ વોર્સલ દરેક ઈ in the modern day.





understand, if you are asking from the powerlessness, low inner strength, whether he grows or not, the situation is never going to end, the problem is never going to finish, there is no end for this stupidity; it will go on and on and on forever. and if you understand, you should also take responsibility for what you want, you should also start becoming responsible for what you want to manifest and start the spiritual practice, you become part of paramashiva's private life. as long as you continue to retain your low inner strength = praying, doing all the rituals, whatever you do, as long as your attitude towards you is powerlessness and low self inner strength, low inner strength = you will only be part of paramashiva's public life like puranas where people beg and he appears and grows dearer once in a while, rarely, grows what devotees want. you will be part of his public life. that is also okay because there are times when he is not even part of his public life, millions when he is not even part of his public life.

Something is better than nothing. when you understand the law of life, want to be responsible for what he shows, what you want from him, what you ask, then your inner strength develops, goes to certain maturity. it grows matured and you start practicing the shakti = his teachings.

shakti is taught by paramashiva, heard by devi, adopted as a lifestyle to maintain the world by shiva. delivered by paramashiva, received by devi, adopted as the cosmic constitution by the maintainer, shiva, is shakti.

## powerful cognition:

in the divine kingdom the head is not 'one', it is oneness. it is not led by one, it is led by oneness. it is not headed by 'one', it is headed by oneness.



## શ્રુત્તીઃ

- to understand the key difference between the human kingdom and the divine kingdom
- to recognize the importance of identifying real power/insight
- to understand how pure inner strength manifests

## વડેવડેલન્ટ:

1. Why do the practices of the human kingdom not apply to the divine kingdom?
2. When does it work and when does it not work?
3. What does it actually mean?

## project of the day: arjuna and kṛṣṇa

### procedure:

read the bhagavad gita for an example when arjuna finds that the lord (kṛṣṇa) is great however arjuna himself finds it. how does kṛṣṇa respond to arjuna?

present your finding either as a short play or as a talk, a presentation.

### inference:

the lord is great is truth.





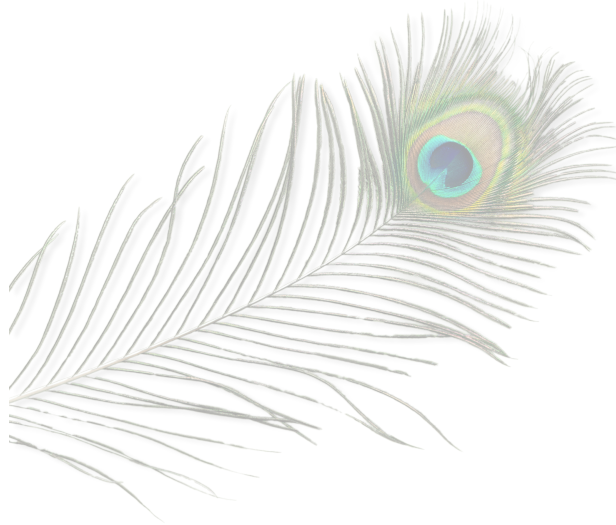
## workshop of the day vakyartha vadha

how vakyartha vadha on your understanding of:

for you to be great, you don't need to be bad. it's only in human kingdom, if someone has to be a king, you have to be a slave. if someone has to be a lord, you have to be a slave. if someone has to be a leader, you have to be a follower. not in the divine kingdom, because Krishna it is not headed by 'one', it is headed by 'oneness'.

### conclusion

when you understand the law of life, want to be responsible for what he is doing. what do you want from him, what you see, then your inner light develops. you to attain maturity. it is matured and you start practicing the 'vakyartha' = his teaching.



# વિદ્વંસન ૩૨

ગાનગદ્ય in લઘુકાવ્ય of parashahova





શ્રીનિથ્યાનંદ : શ્રીશિવ, the spiritual student to manifest your reality

date : Saturday, 27-Feb-2016

## union in terms of paramashiva

યુગ્મ શ્રી પર શ્રીશિવ is experiencing union, union with union itself.

understand: patanjali definition of યુગ્મ is = યુગ્મકો ટોતા ચિત્તો નિરોધઃ = cessation of the mind is યુગ્મ. but description about યુગ્મ, you need to know paramashiva doesn't prescribe, propose mind control anywhere in the whole શ્રીશિવ. નો! he doesn't say thoughtlessness is યુગ્મ. નો! he says, thoughts are too superficial: don't be controlling or fighting or playing with it. they have no learning. why do you want to fight, play, spend time with something which has no learning, which is learningless?

paramashiva's definition about યુગ્મ is = experiencing union with union itself, union with union is યુગ્મ.

when you understand that student, you will see the life in a different dimension.

jnana. paramashiva's definition about jnana is = enlightened about everything that exists is jnana.

union with union itself is યુગ્મ. enlightened about everything exists is jnana.





## પરબ્રહ્મની ટર્મિનોલોજી:

પરબ્રહ્મણંદનો વેદિનોત્તર અબ્બુત પુરુષ છે = ઁપરિઅંતરિંગ ઠનનદેઈ ઝોત્તે ઠનનદેઈ િદેઈ, union ઝોત્તે ઠનનદેઈ છે પુરુષ.

પરબ્રહ્મણંદનો વેદિનોત્તર અબ્બુત જ્ઞાન છે = ઁનોત્તેત્તર અબ્બુત ઁવરપ્તોત્તે ત્તે ઁચોદેઈ છે જ્ઞાન.

## ઘરઝોઈ:

- ત્તે ઁનદેઈત્તર હોઝ પરબ્રહ્મણંદનો વેદિનોત્તર ઁ પુરુષ છે અબ્બુત ઁપરિઅંતરિંગ ઠનનદેઈ

## ઝડેઈઁઁઁ:

1. હોઝ છે પરબ્રહ્મણંદનો વેદિનોત્તર ઁ પુરુષ ઁઈઈઈઈઈ િત્તે પત્તરજોઈ વેદિનોત્તર?





## project of the day: thoughts have no meaning

materials needed:

- pen and paper

### procedure:

spend 7 minutes writing down every thought that comes into your head.  
when the time is up, read through your thoughts again to see how random they are.

research the topic of unclutching. for example, look up unclutching in [nithyanandapedia.org](http://nithyanandapedia.org)

spend 7 minutes in silent, observing any thoughts that come up in you and unclutch from each thought as it comes up.

how different were those two 7-minute experiences for you?

### inference:

thoughts are too superficial: don't be controlling or fighting or playing with it. they have no meaning.





workshop of the day

vaakyartha vadha

how vaakyartha vadha on "yoga is experiencing oneness with oneness itself, union with oneness is yoga".

how can this understanding transform your practice of yoga?

conclusion

union with oneness itself is yoga. enlightened about everything exists is jnana.



# વિદ્વંન ૩૩

વગ્નો, બ્રોદ્ધે તો ઓલોદડે ઝનનદડે





જાતિજાગ્ર : the experience of worshipping agni, fire

date : friday, 29-Jan-2016

## અગ્નિ, બ્રિદેશ્વર તો રિત્તોડેશ્વર ઠાનડેશ્વર

પ્રથમ નહેવે તો understand in vedic tradition, અગ્નિ એ ઠાનડેશ્વર તો હે the બ્રિદેશ્વર તો the ઠાનડેશ્વર શ્રોત્ર, the ઠાનડેશ્વર experience, paramahansa, or paramashiva, whatever પ્રથમ નામકે it. that ઠાનડેશ્વર = અગ્નિ એ ઠાનડેશ્વર તો હે the બ્રિદેશ્વર તો that ઠાનડેશ્વર: હેતુકેશ્વર anything જેકે હેકે a રિત્ત, if પ્રથમ ઠાનડેશ્વર it નેત્ર અગ્નિ, હેકે જીતે લાકે હેકે રિત્તોડેશ્વર. ઇન્ટરપ્રેટેશન એ રિત્ત, ઠાનડેશ્વર એ રિત્તોડેશ્વર. understand, જેકે પ્રથમ હેકે ઠાનડેશ્વર that એકે પ્રથમ હેકે હેકે, હેતુકેશ્વર હેકે એ ને રિત્ત ઇનડેશ્વર, હેકે એ ને હેકેશ્વર ઇનડેશ્વર, હેકે એ ને રિત્તોડેશ્વર ઇનડેશ્વર, નેકેશ્વર ઇનડેશ્વર. anything હેકેશ્વર રિત્ત એ ઇન્ટરપ્રેટેશન. actually જેકે પ્રથમ હેકે ઇન્ટરપ્રેટેશન હેકે જીતે હેકે લાકે રિત્ત એકે રિત્તોડેશ્વર ઇનડેશ્વર પ્રથમ. in the સ્પેક્ટ્રમ ઠાનડેશ્વર, પ્રથમ ને રિત્તોડેશ્વર ઇનડેશ્વર. i હેકે પ્રથમ, ને રિત્તોડેશ્વર, પ્રથમ રિત્તોડેશ્વર ઇનડેશ્વર. that એ ઠાનડેશ્વર! actually, in the સ્પેક્ટ્રમ ઠાનડેશ્વર પ્રથમ હેકે હેકેશ્વર પ્રથમ રિત્ત.

જેકે પ્રથમ હેકેશ્વર પ્રથમ રિત્ત, જેકે હેકેશ્વર તો પ્રથમ એકે શ્રોત્ર. if પ્રથમ હેકેશ્વર પ્રથમ રિત્ત, હેકે શ્રોત્ર સ્પેક્ટ્રમ part fitting, હેકેશ્વર, painting, tinkering, prettying, puncturing, adding, deleting, and હેકેશ્વર, હેકેશ્વર after that હેકેશ્વર it હેકેશ્વર એકેશ્વર. જેકે પ્રથમ હેકેશ્વર હેકેશ્વર પ્રથમ રિત્ત હેકેશ્વર in પ્રથમ inner સ્પેક્ટ્રમ જેકે હેકેશ્વર તો પ્રથમ એકે શ્રોત્ર. હેકેશ્વર and હેકેશ્વર પ્રથમ હેકેશ્વર એકેશ્વર. હેકેશ્વર હેકેશ્વર હેકેશ્વર, હેકેશ્વર હેકેશ્વર and adding હેકેશ્વર. હેકેશ્વર and હેકેશ્વર! જેકે પ્રથમ હેકેશ્વર પ્રથમ શ્રોત્ર હેકેશ્વર હેકેશ્વર. i હેકેશ્વર પ્રથમ હેકેશ્વર પ્રથમ હેકેશ્વર, હેકેશ્વર હેકેશ્વર હેકેશ્વર. હેકેશ્વર, હેકેશ્વર હેકેશ્વર હેકેશ્વર હેકેશ્વર, હેકેશ્વર હેકેશ્વર હેકેશ્વર....





and this is a little bigger and this is a little smaller... i think that way would have been much, much better. when you understand you always want to alter, that is interpretation. when there is no real understanding, that is completion.

જોડવાનું કાર્દાપીયુ, જોડવાનું છે ઓફરેડે in the fire, he loves the real real to realize himself, not to realize himself. along the fire element, two are with fire and two have no fire. the earth and water has fire, air and space has no fire.

શુનિ is the bridge, which has fire and doesn't have fire.

you can't say shuni is a fire and you can't say shuni is a realization. he is the bridge where fire is made and becomes realization. he is the bridge where interpretation is made and becomes completion. he is the bridge where in is made, becomes out. he is the bridge where everything disappears and goes back to it's source.

## પરમાત્મા ઓગ્નિ:

શુનિ is considered to be the bridge for one's experience, parabrahman, or paramashiva.

## શુનિ:

- to develop the student's understanding of fire and realization
- to understand the role that shuni, fire, has regarding fire and realization





## workshop of the day vacharyartha sadha

how vacharyartha sadha on

"understand, when you are complete that is why you feel light, because there is no form inside, there is no heaviness inside, there is no visualization inside, nothing sitting inside. anything added to form is incompleteness. actually when you are incomplete there will be so many forms will be fighting inside you. ... in the space of completion you won't even remember your form."

### conclusion

agni is the bridge where form is large and better formless. he is the bridge where incompleteness is large and better complete. he is the bridge where mind is large, betterless large. he is the bridge where everything disappears and goes back to its source.



# વિદ્વંસન ૩૪

દૈદર્શન લીધે પ્રોત્સહ - practice for oneness





શ્રાવણ : દત્તનાથ લિંક પ્રોટેક્ટ્ડ = શ્રેષ્ઠ upanishad લાન્ટ્રા 17

તારીખ : શનિવાર, 23-જાન-2016

## દત્તનાથ લિંક પ્રોટેક્ટ્ડ = practice for oneness

Let the subtle link-energy 'bind' present in the body, now merge into the all-pervading, dattatraya total link energy 'air'; and now let this gross body (along with the subtle body) disintegrate into its basic elements and be reduced to the sacred ash. & superlax totalization, known by the sacred syllable 'aum', realizer = realizer who that has been done to attain oneness with you. & mind, realizer = realizer the superlax totalization, the lord of all everything sacrificed, whole you have been always realizing in your actions.

i can say in this way that the last powerful spiritual practice is given. this practice should be called as = dattatraya link practice. anybody who does this practice who has been with master this practice to practice during the time he leaves the body, and that will naturally take him enlightened, and live the dattatraya link in the total space





Let the chota energy, mind, vāyu, present in the body now merge into all-pervading eternal consciousness. vāyuanāilal alātal, the eternal total life-energy = vāyuanāilal alātal āthevām: understand, the great truth revealed in this way: whatever you call it is life can merge with the eternal life: the body can go back to the basic element, you relax into that eternal total life. Every night when you fall asleep, if you practice this technique, it will be the part of you, your very being, so when you fall into the eternal sleep, you will fall into eternal life. it's actually a technique, the whole idea, way is technique = the way of the isavasya upaniṣad. when you fall asleep naturally the chota life energy, vāyu, relax into the total life energy. Let this body go back to its element, the earth, basic element: let this consciousness be the total consciousness, the one, let be naturally this.

krato ilāla kṛtagm ilāla

krato ilāla kṛtagm ilāla |

powerful cognition:

when you fall asleep naturally the chota life energy, vāyu, relax into the total life energy. practice this so that when you fall into eternal sleep, you will fall into eternal life.

tho:

- to understand our one when we fall asleep and when we fall into the eternal sleep





## ઘડઘડઘડલન્ટ:

1. જોતે દોલનન્ટ ઇ ઘડઘડોલન્ટે જોતે the રોલો લીફ-નન્ટ્રુ in the બોડુ?
2. જોતે દોલનન્ટ ઇ ઘડઘડોલન્ટે જોતે the શી-પન્ટવોન્ટ્રુ દન્ટનલ ટોલોટ લીફ નન્ટ્રુ?
3. વેડન્ટોન્ટ in પુન્ટ ટન ઘન્ટે the લોડ પન્ટન્ટો ઇન્ટોન્ટલ પ્રન્ટોન્ટ ઘોન્ટ in the હેડન્ટ

## પ્રોજેક્ટ ઓફ the વેય: દન્ટનલ લીફ પ્રોન્ટેડ

### પ્રોન્ટેડુર:

પ્રન્ટોન્ટ the ટેકનિકે દન્ટનલ લીફ પ્રોન્ટેડ for II લોન્ટેડ (જોતેન્ટ શીન્ટ્રુ ઘોન્ટ)

- ઇટ ટોલન્ટબલે and ટોડે પુન્ટ ઘુન્ટ.
- ઇન્ટન્ટોન્ટ્રુ દન્ટન્ટ: the રોલો લીફ-નન્ટ્રુ વેપુ, 'જોન્ટ', પ્રન્ટેન્ટ in the બોડુ, લન્ટ્રુ in the શી-પન્ટવોન્ટ્રુ દન્ટનલ ટોલોટ લીફ નન્ટ્રુ 'લો', વેપુન્ટોન્ટલ શન્ટલ
- લોડે ઇન્ટોન્ટ: ટ ઇપન્ટલ ટોન્ટોન્ટેન્ટે, લન્ટ by the ઇન્ટેડે ઇપોન્ટે 'લોન્ટ', લન્ટલેન્ટ = લન્ટલેન્ટ શી that હેડ લેન્ટ to attain ટન્ટેડે જોતે પુન્ટ. ટ લોન્ટ, લન્ટલેન્ટ = લન્ટલેન્ટ the ઇપન્ટલ ટોન્ટોન્ટેન્ટે, the લોડે ઓ શી નન્ટોન્ટ્રુ ઇન્ટોન્ટેડ, જોતે પુન્ટ હેડ લેન્ટ લોન્ટુ લન્ટલેન્ટેન્ટ in પુન્ટ ઇન્ટોન્ટ.

### નન્ટન્ટ:

નન્ટન્ટ, the ઘ્રેન્ટ લુન્ટે લન્ટલેન્ટ in the વેડ: જોતેન્ટ પુન્ટ ટી it ઘડ લીફ ટન્ટ લન્ટ્રુ જોતે the દન્ટનલ લીફ: the બોડુ ટન્ટ ઘ્રેn્ટ to the લેડે દોલનન્ટ, પુન્ટ લેન્ટ in the દન્ટનલ ટોલોટ લીફ.



## workshop of the day vakyartha shodha

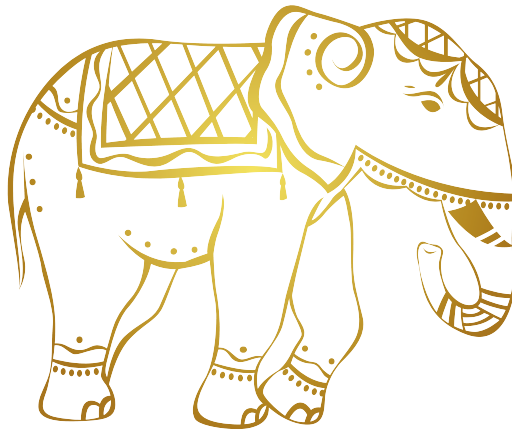
the technique of this session is described as:

let the vital life-energy 'wind' present in the body,  
now merge into the all-pervading, eternal cosmic life  
energy 'air'; and now let this gross body (along with  
subtle body) disintegrate into its basic elements and  
be reduced to the state of void.

now vakyartha shodha on why this technique is called the eternal life process  
when it involves the state of void. let this gross body (along with subtle body)  
disintegrate into its basic elements and be reduced to the state of void.

## conclusion

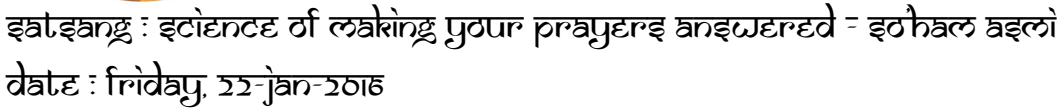
let this body go back to its elements, the space, basic elements; let this  
consciousness merge with the eternal consciousness, the void.



# વિદ્વંન ૩૬

how to do prayer with onenદેહ





date : Friday, 22-Jan-2016

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ઇતુ પ્રુપુ વેનંત ઇવન હાવે તુ વરુપુ વહેનદે તેદ ઇપુરુદે ઇ. ખુદે ઇપુ.  
 “ઠે તેદ ઇપુરુદે, વહેનદે લેદ અન્ડે પ્રુપુ અન્ડે ઠન્ડે તેદ ઇવલેદ અન્ડે લાકે...” વહેનદેવન  
 પ્રુપુ વાનતેવે, પ્રુપુ વાન અકે હોલ, અન્ડે અકે હોલ, “પ્લેઝર લાકે થોડે ઇન્ટર રેઅલિટી.” પ્રુપુ વાન  
 અકેર પુત અ ઠોતનુદે, “ઈ ઇન્ટરેથિંગ ઇ અલ અકેરિંગ ઇ નોટ રિગ્થેટ ઠોર લેદ, તેન ડ્રોવે લેદ તેદ  
 ઇન્ટેલિજેન્ટે તુ વેવેલોપ લુપુદોઈ” ઠો પ્રુપુ વાન અકેર ઇપુ, “ઇવન ઇફ પ્રુપુ થિંકે ઇટ ઇ નોટ  
 રિગ્થેટ, ઇ વાન ઠોપુ થોડે ...” નો! પ્રુપુ હાવે અ રિગ્થેટ, પ્રુપુ હાવે રિગ્થેટ. અ ઇ અલ અકેરિંગ પ્રુપુ ઇઃ  
 હાવે તેદ રિગ્થેટ ઇન્ડેરસ્ટાન્ડિંગ ઇત થાત, થાત પ્રાપુર બેટરલેડે અ બેઅુટીફુલ પ્રોડેડે  
 ઠોર પ્રુપુ તુ ઇપેરિએન્ટે ઠનનડેડે, પારાઅદવાિત.

ઇન્ડેરસ્ટાન્ડ, પ્લેઝર રેઅલેસેર, વહેથેર વે ઇન્ડેરસ્ટાન્ડે ઠો નોટ, વાતે ઇટ ઠો નોટ,  
 ઇન્ડેડે, તેદ રેઅલિટી ઇ ઇઠેઅલ અલો. થાત ઇ વહેથેર ઇપાનિશ્વદે પડે તેદ વોર્ડ  
 ઇન્ડેડે. વહેથેર પ્રુપુ ડ્રોટ ઇટ ઠો નોટ પુદે ડ્રોટ ઇટ, ઇઠેઅલ અલો, ઇ અલ હે.

## પરવર્તુપી ઠોગ્નિટિઃ

વિથ તેદ રિગ્થેટ ઇન્ડેરસ્ટાન્ડિંગ, પ્રાપુર બેટરલેડે અ બેઅુટીફુલ પ્રોડેડે તુ ઇપેરિએન્ટે  
 ઠનનડેડે, પારાઅદવાિત.

## ક્રુઠોડે:

- તુ ઇન્ડેરસ્ટાન્ડ તેદ ઇપોર્ટાન્સે ઠે ઇપુરિંગ વહેનદેવન પ્રુપુ વાન તુ ઇપુ
- તુ ઇન્ડેરસ્ટાન્ડ તેદ ડિફેરેન્ટે બેટવેન પ્રાપુરિંગ વિથ ઇન્ટરપ્લેટિઠ અન્ડે વિથ  
 ઠરપ્લેટિઠ ઇન્ડેડે.
- તુ ઠોગ્નિડે થાત રેગ્ગાર્ડીડે ઠે અનુથિંગ, તેદ રેઅલિટી ઇ ઇઠેઅલ અલો.

## અડેડેડેડેલેન્ટ:

- વહેન ઇ ડ્રેટિંગ વહેથેર વાન નોટ અ બોર?
- વહેન પ્રુપુ પ્રાપુ, વહેથેર ઠે ઠરપ્લેટિઠ વે પ્રુપુ નેડે તુ બે ઇ?



## project of the day: writing to guru

### materials needed:

- pen and 2 pieces of paper each
- have spare paper available too

### procedure:

there are two steps to this project. in both steps you write to the guru. each step is a different topic.

first, prepare for writing:

- sit comfortably with a pen and 2 pieces of paper in front of you
- close your eyes, see yourself in your third eye, and chant the mahavakya "om nithyananda paramashivam" seven times

### topic 1:

write to yourself everything you want to say but don't do. whatever the reason, whether you sit too long, too angry, too frustrated, too disrespectful, too ill, whatever, whatever, put your reason to rest now and write to your guru. oh, oh, oh that you want to say and don't do. whether in this moment, or something you remember from days ago or long ago, or you feel worried that it may happen and it will be difficult to talk to yourself about it. write oh to yourself.

### inference:

whatever you want to say, say, in this way, you will never feel cheated. understand, please remember, whether we understand or not, that it or not, indeed, the reality is what is.



## ટોપિક ૨:

on the top of a new sheet of paper, write:

On the board, where 'I' and 'you' are one and the  
same, please take this into reality. If something is  
wrong is not right for I, then give I the  
intelligence to develop myself.

now write a list of all that you want.

## નિર્દેશ:

whether you got it or not, just got it, that's all, I am here.

## workshop of the day vachpyantha vadha

how vachpyantha vadha on

if you have too much interpretation inside you, naturally the board will be on the  
ground being. if there is less interpretation, more completion in you, the board will  
start moving towards you. when you become completely complete, the board  
will be centered on you."

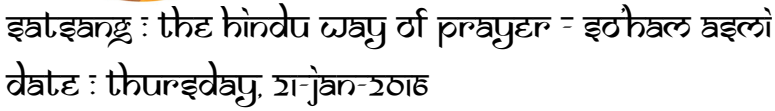
## ટાંતીપણ

I tell you, always pray to the board. you don't even have to worry where the  
board is.

# વિદ્વંસન ૩૬

નેવેદ્યને િ કલ મેદ - ફરમાલ કહ્યો





date : thursday, 21-jan-2016

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## project of the day: a prayer

### materials needed:

- pen and paper
- option: colouring pen

### procedure:

draw a prayer for you and the one dear to you. it can be a poem or a paragraph, and you can decorate your writing.

### independent:

prayer is how you relate to him and how he relates to you.

## workshop of the day

### vaakyartha sadha

have the students hold vaakyartha sadha on:

- during the day we are not separated
- it's not true that only during the evening we are one.

### conclusion

"even when i am praying to you, i am relating to you, you are here: indeed i am he, it's all one."



# વિદ્વંશન ૩૭

લિવિંગ ઋષિનદેશ દે દ્યપ્રદેશિંગ પૌરુષ -  
લિવિંગ કૌપ્પલેશ અવેશોત્ત કૌશોત્ત





આત્મજ્ઞાન : હિરોનોમુડ રહેકોંગ - the હરેકોન્ટેડ & ઓળખ પ્રોનોમીનસ ઓ લિવિંગ  
 ડેટ : તુરેડેડાય, 12-જેન = 2016

## લિવિંગ ઓનનડરસ્ટેન્ડિંગ & એક્સપ્રેસડિંગ પોવર = લિવિંગ ફેપુરેડેડા અડેવૈટા ફેપોરલ

લિવિંગ! લેડિંગ્સ ફોર થીસ પુર = લિવિંગ ફેપુરેડેડા અડેવૈટા ફેપોરલ.

અંડરસ્ટેન્ડિંગ, ઓરડે લાગુ લોકે રેડ્યુ ફોલોવિંગ, થે લેડિંગ્સ ઓ થે લૂથ ઇ રેડ્યુ પોવરફુલ. લિવિંગ. પ્રો લાગુ રેડે, ઓથે ઇ થે ડિફરેન્સ બેટવેન લેડે પુર લેડિંગ્સ લિવિંગ અડેવૈટા, થીસ ટિલે લિવિંગ ફેપુરેડેડા અડેવૈટા ફેપોરલ. લિવિંગ. લિવિંગ પારાલઅડેવૈટા, થે ઓનનડરસ્ટેન્ડિંગ ઇ ઓ અબુટ થે એક્સપેરિએન્સ ઓ થે ઓનનડરસ્ટેન્ડિંગ. ઓથે થીસ લિવિંગ ફેપુરેડેડા અડેવૈટા ફેપોરલ, ઇ લેડે = નોટ જુસ્ટ લિવિંગ થે ઓનનડરસ્ટેન્ડિંગ, એક્સપ્રેસડિંગ ઓ થે એક્સપેરિએન્સ એન્ડ પોવર ઓ પારાલઅડેવૈટા. થીસ પુર ઇ ડેડિકેટેડ ફોર થે. લિવિંગ.

ઇ ઓલોથ થ્રોઉગ્થે પ્રો ગ્રુપ્સ ઓ થે ઓલે યુનિવર્સ, ઓથિન થીસ પુર બેફોર થે નેક્સ્ટ જાગ્રાંતિ, ઇ ઓ લેડે ઓ થે ઓલે ઓરડે થે ઇડેન્સ ઓ ઓ થે 400 લાજોર પોવર પારાલઅડેવૈટા ઇ એક્સપ્રેસડિંગ ઇ થે રૂડા. નોટ જુસ્ટ થીસ ઓ પોવર = થીન્ડ ઇપુર, ઓ થે 400 લાજોર પોવર એન્ડ લાકે ઇ રેડે પ્રેક્ટીકલ, લિવેબલ ફોર ઓ પ્રો ગ્રુપ્સ. ઇ ઓ લાકે ઇ રેડે પ્રેક્ટીકલ, લિવેબલ, ઇડેન્ટીફીકેબલ એન્ડ ડેલોન્ટ્રેકેબલ અંડર થે કન્ટ્રોલેડ કંડીશન એન્ડ રેપ્રોડુકીબલ. પ્રો ઓ રેડે, ઇ ઓ લેડે થીસ ઓલે ઇડેન્સ બેફોર થે નેક્સ્ટ જાગ્રાંતિ ઇ થીસ ઓ પુર ઓલપેટીય એન્ડ, પેડેડે અંડરસ્ટેન્ડિંગ, લાકે ઇ રેડે લિવિંગ ઇડેન્સ, બુ થીસ પુર, ઓ ઓ બ્રીંગ સ્પીરિટુઅલ લેગીટીમીટી ઓ ઇન્ટરના હિન્ડુ ડેહાલ. ઓ ઓ બ્રીંગ સ્પીરિટુઅલ લેગીટીમીટી ઓ ઇન્ટરના હિન્ડુ ડેહાલ. ઇ ઇ ટિલે ઓ બ્રીંગ થે સ્પીરિટુઅલ લેગીટીમીટી બેક ઓ ઇન્ટરના હિન્ડુ ડેહાલ.



we have a right to exist and our existence is good for humankind. we have a right to exist and our existence is good for humankind. i will establish this truth this year.

that is why i am saying this year is going to be lot of excitement, fun. every other day, new new powers and experiences are expressed by paramashivas in bhaktas will be revealed to all of you. maybe in everyday satganga you group will be having revelations of different powers and experiences.

## powerful cognition:

the 400 major powers paramashiva is expressing in the bhaktas is a content.

## goals:

- to understand living shuddha advaita bhaktas is expressing all the experiences and powers of paramashiva.
- to understand that the powers of paramashiva bring spiritual legitimacy to Santana hindu dharma.

## agenda:

1. describe in your own words the difference between living paramashivas and living shuddha advaita bhaktas
2. what will be expected about the powers that will be revealed?





project of the day:

the student of the power of parashivam

procedure:

read the student of the power of parashivam that has been on the power of parashivam.

for example, read the book avatars of the student of vedant, rupaia. present on one of the student of the power of parashivam. what will it be for, and what was the result?

incentive:

the power of parashivam is a living student

workshop of the day

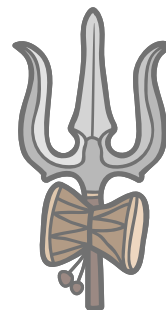
vaakyartha shodha

how vaakyartha shodha on

"kanatana hindu dharma ... our student is good for humanity."

conclusion

i will read to the whole world the student of all the 400 major power of parashivam is expressed in the book.





# વિદ્વંશન ૩૪

in prayer too = you are at onenદેહ





શ્રાવણ : દરેક વખતે i પ્રાર્થા, i સર્વ પ્રભુ: શ્રીકૃષ્ણજી

તારી : તુલસીદાસ, ૨૦-૧૦-૨૦૧૩

in prayer too = you are at oneness

understand the beauty of the way the sanatana hindu dharma teaches prayer. there is no powerlessness, no place for powerlessness. even when you pray, you are not separate. you are not separate from the source.

you are not away from the source. even when you are praying, remembering that i am he. i tell you, this one truth, the thought-current will be so useful for all of you. please understand, even when you pray you should know = you are not separate from the divine to whom you are praying. even when you pray, you need to know, you are not separate from the prayer, to whom the prayer is offered.

listen, who is praying and the prayer and to whom the prayer is offered, all the three are from the same source. i am trying to describe the inner space of the reality and reproduce it in all of you. that will give you so much understanding about the concept of prayer in sanatana hindu dharma. you don't pray to somebody who is far away. he may be further away or farther away, but not far away. understand, there's a big difference between these two.



the inner space you are in even when you are praying is not a lower inner-  
 leashed, an inauthentic identity. even when you have not realized the oneness  
 with the total: even when you are doing practicing, doing sadhana, prayer to  
 achieve the total oneness, you are one with total. that is realized as the  
 under current. never at any point, never at any moment, the separation is  
 recognized in sanatana hindu dharma: because that is not the truth. that is not  
 the reality. even when you think you have not achieved the oneness with the  
 total, even when you think you have not become realized, enlightened living  
 paramashiva =

you are one.

the absolute truth is truth even when you practice the truth: even when you  
 are doing your sadhana.

powerful cognition:

even when you are doing practicing, doing sadhana, prayer to achieve the  
 total oneness, you are one with total

truth:

- to understand that sanatana hindu dharma does not recognize separation.
- to recognize the truth, the reality is that oneness with the total.

awakening:

How should the person praying relate to the divine whom they are praying  
 to?

2. in regard to prayer, what is an inauthentic identity?

:



## project of the day: śaḍbhāṣā

### procedure:

research the Sanskrit word “śaḍbhāṣā”. write down the different meanings according to different traditions, and the name of the tradition and the source where you found that information.

check each of your sources to see how they relate their version of śaḍbhāṣā

- to pray,
- to separation from the source, and
- to oneness

compare and contrast those traditions to the understanding of this lesson, that even when you have not realized the oneness with the world, you are one with world.

### inference:

the way the śaṅkara hindu scholars teach pray, even when you pray, you are not separate. you are not separate from the source.

## workshop of the day

### śaṅkara śaḍbhāṣā

śaṅkara śaḍbhāṣā on

“even when you think you have not achieved the oneness with the world, even when you think you have not become realized, enlightened living paramahatma = you are one.”

### conclusion

the absolute truth is truth even when you practice the truth.



# વિદ્વંસન ૩૭

upaniṣhad way of prayer to onenદેહ







ક્રાંતિકાન્ધ : ક્રાંતિકાન્ધ છે the ક્રાંતિકાન્ધ of લિંક

વેબ : ક્રાંતિકાન્ધ, 11-01-2015

## upaniṣad way of prayer to oneness

one who recognizes the pure essence of these both = the imperishable transcendence, the cause of manifestation, and the destructible, the perishable, manifested entities. इत्युक्तान्तरूपेण = इत्થે a person completed with the fear of death and transcendence death by worshipping or by knowledge of the perishable entities and reaches the imperishable transcendence. Celebrates the nature of immortality and bliss, the eternal aspect of oneness.

now listen. it's the literal translation i have read out. the key word in this whole upaniṣad, you need to understand. what upaniṣad is trying to convey it to you. listen.

listen intensely what upaniṣad is trying to convey through this to you. the first thing, the key word = what you are worshipping in your life. please understand, here worshipping does not just mean in front of what you bow down, in front of what you bow down. what you think is the goal of your life. what you feel like again and again. please understand, you may be bowing down in front of parashakthi or deity for long, then you are worshipping long. whether it is right or wrong, don't bother now, first let us discuss, understand = what you are worshipping in your life. you may bow down in front of any god, goddess, guru, but what you think is the essence of your life, what you think is the purpose (goal) of your life, that is what you are worshipping.



i tell you, if you do not have any goal, just living, then be informed you are worshipping darkness and darkness. no, there are many people, i am telling you. they think let us wait on the line, one day something will happen, everything will be sorted alright. no. you are worshipping darkness and darkness. if you are not standing up for yourself, you are only worshipping darkness and darkness. the key concept in this upanishad is = what are you worshipping.

## powerful cognition:

one who cognizes the imperishable consciousness and the perishable elements, the cause of manifestation and the destructive manifestation = such a person completes with the fear of death, and transcends the death that comes from worshipping perishable entities, and reaches the eternal space of oneness.

## goal:

- to start understanding the difference between imperishable consciousness and the perishable entities
- to understand the importance of knowing what you are worshipping

## questions:

1. when you bow down in front of a god are you always worshipping the god? when are you not worshipping god?
2. what is the outcome of living without any goal?



## project of the day: what are you worshipping?

materials needed:

- pen and paper

procedure:

“whether it is right or wrong, don't bother now, first let us discuss, understand = what you are worshipping in your life.”

- pen down what you are worshipping in your life. for each item, also pen down why you want what you are worshipping.
- if you do not have any idea, just living, pen that down also.
- next, for each of the items you wrote down, write whether it is real imperishable eternal, or whether it is destructible, perishable, transitory.

inference:

the key concept in this upanishad is = what are you worshipping?

## workshop of the day vaakyartha sadha

role vaakyartha sadha on

listen intently what upanishads are trying to convey through this to you. the first thing the key word = what you are worshipping in your life.”

conclusion

you may bow down in front of any god, goddess, guru, but what you think is the essence of your life, what you think is the lakshya (goal) of your life, that is what you are worshipping.

## ਇਸ਼ਨ 40





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- project of the day: perishable and imperishable

- pen and paper

[illegible]

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## workshop of the day vaakyartha sadha

how vaakyartha sadha is

"if you entertain the perishable entities, impermanent ideas, concepts that will naturally become poison in your intellect. that will naturally become poison in your intellect. understand, don't carry anything inside your cognition which is inauthentic or perishable."

and on how a powerful cognition becomes nectar in your intellect:

"one who cognizes the pure essence of the imperishable consciousness and the perishable, simultaneously = such a person reaches the imperishable consciousness and celebrates the nectar of immortality and bliss."

## conclusion

cognizing, understanding what is imperishable gives you the experience of eternal space of oneness.



