



HDH NITHYANANDA
PARAMASHIVAM



Everyday Temple Activities

Kailasa Seattle

December 28 2020



Offering Gratitude at the feet of HDH



Nithyanandam!

This is Hariharan & Nandhini presenting the Nithya Sandesha Patrika, at the feet of the Supreme Pontiff of Hinduism Jagadguru Mahasannidhanam HDH Bhagavan Nithyananda Paramashivam, along with the department leads from Seattle Sarvajnapeetam – Nithyanandeshwara Hindu Temple and Consciousness Studies & Practices

Bowing down at your lotus feet Swamiji!



Kailasa Seattle – Garbha Mandir Activities



Morning Suprabatham

Sacred process of
waking up the
deities



Pratyaksha Pada Puja

Offering gratitude to
HDH Nithyananda
Paramashivam

Offered in the
evening

Naivedhyam

Morning - Offered
to Moolavar

Evening – Offered
to Swamiji &
Moolavar



Palliare

Sacred process of
putting the deities
to sleep

Today's activities were performed by Sri Priyabhaktananda



Kailasa Seattle – Celebrations



Nithyananda Jayanthi Brahmotsavam



Dhoopam



Dheepam



Naivedhyam



Aarartrikam

Offered to: HDH Nithyananda Paramashivam

Today's activities were performed by Sri Priyabhaktananda



Kailasa Seattle – Enriching Activities



Nithyananda Yoga

Consciousness Studies & Practices, conducted online yoga in the morning at 5am PT. Yoga is conducted everyday online for free at 5am PT.



Social Media Enriching

9 new posts were created in FB, Instagram & Twitter – Reaching out with messages & teachings of HDH. These photos reached 400 people on Facebook. 2 pictures were edited today

Today's activities were performed by Ma Daniella, Ma Nandhini & Sivakumar



Offering Gratitude at the feet of HDH



Offering gratitude at the lotus feet of HDH Nithyananda Paramashivam for empowering us by giving the opportunities to grow and expand.

Dhanyavadaha