



Everyday Temple Activities

Kailasa Seattle

November 26 2020



Offering Gratitude at the feet of HDH



Nithyanandam!

This is Hariharan Karur Subramanian presenting the Nithya Sandesha Patrika, at the feet of the Supreme Pontiff of Hinduism Jagadguru Mahasannidhanam HDH Bhagavan Nithyananda Paramashivam, along with the department leads from Seattle Sarvajnaapeetam – Nithyanandeshwara Hindu Temple and Consciousness Studies & Practices

Bowing down at your lotus feet Swamiji!



Kailasa Seattle – Routine Temple Activities



Morning Suprabatham

Sacred process of waking up the deities



Pratyaksha Pada Puja

Offering gratitude to HDH Nithyananda Paramashivam

Offered in the evening

Naivedhyam

Morning - Offered to Moolavar

Evening – Offered to Swamiji & Moolavar



Palliare

Sacred process of putting the deities to sleep

Today's activities were performed by Ma Priyabhaktananda



Kailasa Seattle – Celebrations

Nithyanandeshwara Brahmotsavam



Dhoopam



Dheepam



Naivedhyam



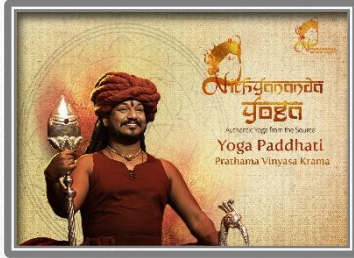
Aaratrikam

Offered to: Moolavar, Ganesha, Subrahmanya, Devi &
HDH Nithyananda Paramashivam

Today's activities were performed by Ma Priyabhaktananda



Kailasa Seattle – Enriching Activities



Nithyananda Yoga

Consciousness Studies & Practices, conducted online yoga in the morning at 5am PT. Yoga is conducted everyday online for free at 5am PT.



Nithya Dhyana Meditation

Consciousness Studies & Practices, conducted online Nithya Dhyana Meditation in the evening at 7pm PT. Meditation is conducted thrice a week (Tue, Wed & Thu) online for free at 7pm PT.



Social Media Enriching

4 new posts were created across Instagram, Facebook & Twitter – Reaching out with messages & teachings of HDH. These photos reached 100 people on Facebook. 2 new pictures were edited today

Today's activities were performed by Ma Daniella, Bharath & Ma Nandhini



Offering Gratitude at the feet of HDH

Offering gratitude at the lotus feet of HDH Nithyananda Paramashivam for empowering us by giving the opportunities to grow and expand.

Dhanyavadaha