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power of will pramahas

*decreasing the temperature
of liquid for yourself*

with Supreme pontiff of hinduism
jagatguru mahasannidhanam
hath bhagavan nithyananda paramashivam

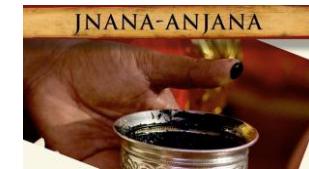


Setting up

1. Camera with timestamp



2. Jhana anjana



3. Any glass or bowl of liquid (water, soup, juice, etc)



4. Digital cooking thermometer

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take a few moments to set up your camera



1. Download the timestamp app
2. Click on "video"
3. Ensure that time is shown on screen



4. Make sure the camera is facing you.

- *please take a few minutes to set it up.*

gūḍelīnēs

1. **start:** turn on the video recording.
2. put jnana anjana between your brows (if you have). if not, it's ok.
3. visualize swamiji and bring awareness in between your brows.
4. take the temperature of the liqūḍ in front of you.
5. gaze intensely at the object in front of you without touching.
6. through the power of will decrease the temperature of the liqūḍ. manifest.
7. retake temperature of the liqūḍ.
8. **verify:** share your video with others and listen to others experience of manifestation.





Verification Process

1. Verify that no video editing is done on Sakshi Pramana videos.
2. Make sure video is not stopped and restarted in the process of manifestation.
3. Make sure all videos are verified with timestamp.
4. All videos should have a wide angle view.
5. Make sure to not touch object during Power Manifestation.
6. Make sure you do not tamper with the liquid or solid in front of you by adding heating them beforehand in microwave or putting ice cubes to cool them beforehand.