



Everyday Temple Activities

Kailasa Seattle

December 30 2020



Offering Gratitude at the feet of HDH



Nithyanandam!

This is Hariharan & Nandhini presenting the Nithya Sandesha Patrika, at the feet of the Supreme Pontiff of Hinduism Jagadguru Mahasannidhanam HDH Bhagavan Nithyananda Paramashivam, along with the department leads from Seattle Sarvajnaapeetam – Nithyanandeshwara Hindu Temple and Consciousness Studies & Practices

Bowing down at your lotus feet Swamiji!



Kailasa Seattle – Garbha Mandir Activities



Morning Suprabatham

Sacred process of waking up the deities



Pratyaksha Pada Puja

Offering gratitude to HDH Nithyananda Paramashivam

Offered in the evening

Naivedhyam

Morning - Offered to Moolavar

Evening – Offered to Swamiji & Moolavar



Palliare

Sacred process of putting the deities to sleep

Today's activities were performed by Ma Shivani & Sri Priyabhaktananda



Kailasa Seattle – Celebrations

Nithyananda Jayanthi Brahmotsavam



Dhoopam



Dheepam



Naivedhyam



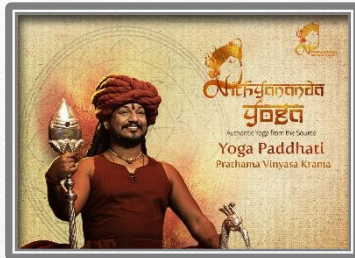
Aaratrikam

Offered to: HDH Nithyananda Paramashivam

Today's activities were performed by Sri Priyabhaktananda



Kailasa Seattle – Enriching Activities



Nithyananda Yoga

Consciousness Studies & Practices, conducted online yoga in the morning at 5am PT. Yoga is conducted everyday online for free at 5am PT.



Social Media Enriching

2 new posts were created in FB, Instagram & Twitter – Reaching out with messages & teachings of HDH. These photos reached 200 people on Facebook. 2 pictures were edited today



Nithya Dhyana Meditation

Consciousness Studies & Practices, conducted online Nithya Dhyana Meditation in the evening at 7pm PT. Meditation is conducted thrice a week (Tue, Wed & Thu) online for free at 7pm PT.

Today's activities were performed by Ma Daniella, Ma Nandhini & Bharath



Offering Gratitude at the feet of HDH

Offering gratitude at the lotus feet of HDH Nithyananda Paramashivam for empowering us by giving the opportunities to grow and expand.

Dhanyavadaha