



HDH NITHYANANDA
PARAMASHIVAM



Everyday Temple Activities

Kailasa Seattle

November 30 2020



Offering Gratitude at the feet of HDH



Nithyanandam!

This is Hariharan Karur Subramanian presenting the Nithya Sandesha Patrika, at the feet of the Supreme Pontiff of Hinduism Jagadguru Mahasannidhanam HDH Bhagavan Nithyananda Paramashivam, along with the department leads from Seattle Sarvajnapeetam – Nithyanandeshwara Hindu Temple and Consciousness Studies & Practices

Bowing down at your lotus feet Swamiji!



Kailasa Seattle – Garbha Mandir Activities



Morning Suprabatham

Sacred process of
waking up the
deities



Naivedhyam

Morning - Offered to
Moolavar

Evening – Offered to
Swamiji & Moolavar



Pratyaksha Pada Puja

Offering gratitude to
HDH Nithyananda
Paramashivam

Offered in the
evening

Palliare

Sacred process of
putting the deities
to sleep

Today's activities were performed by Ma Priyabhaktananda



Kailasa Seattle – Enriching Activities



Nithyananda Yoga

Consciousness Studies & Practices, conducted online yoga in the morning at 5am PT. Yoga is conducted everyday online for free at 5am PT.



Social Media Enriching

2 new posts were created in Facebook & 4 new posts on Instagram & Twitter
 – Reaching out with messages & teachings of HDH. These photos reached 100 people on Facebook. 2 new pictures were edited today

Today's activities were performed by Ma Daniella & Ma Nandhini



Offering Gratitude at the feet of HDH



Offering gratitude at the lotus feet of HDH Nithyananda Paramashivam for empowering us by giving the opportunities to grow and expand.

Dhanyavadaha