



# Hindu Heritage Month

Hosted by KAILASA  
Toronto's NMA

# Schedule

Timings in EST

**9: 00 am – 9:30 am: Temple's heads giving wishes**

**9:30 am – 9:45 am: Introduction to Hindu Heritage**

Video Presentation



**9:45 am - 10:30 am: Youth Panel Discussion: What is Hindu heritage?**

Exploring with youth, teachers and School board trustees.

**10:30 am - 11:30 am: Discussion with Hindu leaders & Parliamentarians: How to preserve Hindu heritage In Canada?**

**11:30 am – 11:45 am: Good God Country**

Video Presentation

**11:45 am – 12:45 pm: Satsang**

**12:45 pm - 1:00 pm: Closing Remarks**

Distribution of Online links for Hindu Source Books  
Post Event Survey

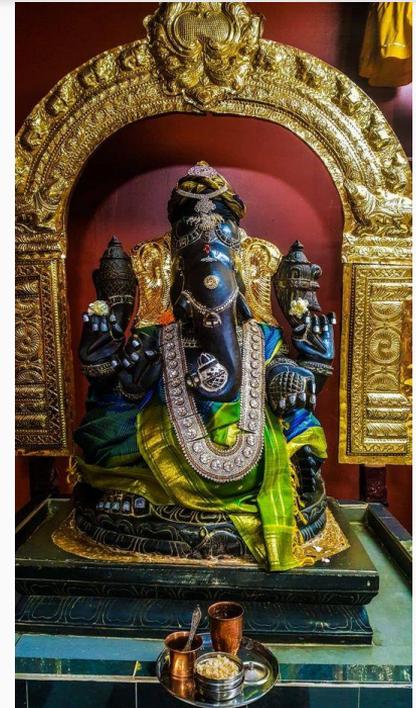
# Temple Arathy



All hindu auspicious functions commence with the lighting of the lamp, which is often maintained right through the occasion.

Light symbolizes knowledge, and removes ignorance.

Knowledge removes ignorance just as light removes darkness. Also knowledge is a lasting inner wealth by which all outer achievement can be accomplished. Hence we light the lamp to bow down to knowledge as the greatest of all forms of wealth.



**Kailasa Toronto's Nithyananda Meditation Academy (NMA) started Canadian roots in 2006. For the past 13 years it has expanded its reach from the east coast to the west coast with main service centers now in Montreal, Ottawa, Toronto, Calgary and Vancouver.**

**NMA's contribution to Canadian society has been a revival of both Authentic Hinduism and providing humanitarian services. Kailasa's Toronto Temple was established in 2011 to bring back the Authentic Hindu practices for the larger Hindu population in Toronto.**

**As part of our outreach initiatives, we have enriched 1000s of Canadians with mental, physical, social, and spiritual wellbeing. The social impact results in reduced poverty along with increased life positivity, as well as alleviating human suffering and fostering peace and fulfillment for everyone irrespective of nationality, religion, race, gender or economic status.**



Even during this COVID pandemic, Kailasa Toronto has continued all outreach services with free online programs to provide spiritual healing and mental health solutions through: empowerment for women, youth workshops, free online yoga, pujas, wealth counselling, family and relationship programs, and spiritual healing, as well as personalized pranayama and breathing techniques to provide healing for seniors.



And due to the unprecedented need of the of the community at this time Kailasa's Toronto Temple has also paid special attention to supporting local food banks.

Today is another milestone for Kailasa Toronto. Today, we have been blessed to bring more than 31 total Hindu organizations to work together for the common goal of preserving authentic Hinduism for the generations to come. Today's online event is just the start of many collaborative works to come.

More than 500,000 Hindus today call Canada their home and all of us have the great possibility and responsibility to keep the eternal sciences, the ultimate spiritual possibilities for humanity alive - the great future for Sanatana Hindu Dharma in Canada.



# TEMPLES



1. Kailasa in Toronto
2. Sri Varasiththi Vinayagar Temple (Scarborough)
3. Sri Siva Satyanārāyana Swāmi Temple (Mississauga)
4. Katpaga Vinayagar temple (Brampton)
5. Bhuvaneswari Amman Temple (Brampton)
6. Sri Nagapooshani Amman Temple (Scarborough)
7. Sri Selvavinayagar temple (Scarborough)
8. Grand Prairie Hindu Temple (Alberta)
9. Canada Kanthaswamy Temple (Scarborough)
10. Sri Siva Vishnu Temple (North York)
11. Sri Nallur Kanthaswami temple (Scarborough)



# Video Presentation



## Introduction to hindu Heritage



# Youth Panel Discussion



## Youth Panelists

1. Vaahai Abimanyu
2. Raghavi Gnanachandran
3. Anupriya Nithyanandan
4. Sailakshmi Kanagaretnam
5. Eehan Abimanyu
6. Jadzia India Moore
7. Maravan Gnanachandran
8. Ma Nithya Shankarathmananda
9. Shaithiri Thirun

## Adult Panelists:

1. Parthi Kandavel ( TDSB Trustee - Ward 18 )
2. Dr. Anu Sriskandarajah ( Professor in the Child and youth Studies, and TDSB Trustee - Ward 22 )
3. Sivatharshi Yoganathan ( Secondary Teacher, ESL Department Head, TDSB, H.B.Sc, B.Ed)
4. Tetyana Lytviak ( Teacher at Calgary board of Education)

# Hindu Leaders & Parliamentarians



1. Pandit Roopnauth Sharma (President of the Hindu Federation and Spiritual Leader of Mississauga's Ram Mandir)
  2. Sri Chaithanyananda (Founder and Spiritual Leader of Sri Rajarajeswari Temple, NY)
  3. Sri Logan Logendralingam (Chief Editor at Canada Uthayan - Canada's Leading Tamil Newspaper)
  4. Sri Samy Appadurai (Community Activist, Writer , Speaker)
  5. Ma Nithya Jnanatmananda Swami (Masters in Computer Science, Sanyasi of Nithyanada Order)
  6. Ma Nithya Premathma Swami ( Masters in electrical & computer engineering, Sanyasi of Nithyananda Order)
1. Salma Zahid , Member of Parliament
  2. Mary Ng, Minister of Small business, Export promotion and International Trade
  3. Sonia Sidhu, Member of Parliament
  4. Ruby Sahota, Member of Parliament
  5. Anita Anand , Member of Parliament

# Introduction for HDH to address



We are delighted and honored to welcome The Supreme Pontiff of Hinduism, Jagatguru Mahasannidhanam, His Divine Holiness Bhagavan Nithyananda Paramashivam. He is the reviver of KAILASA, the ancient enlightened civilization, the great cosmic borderless Hindu nation that created the world's largest Hindu university, 1000's of Sarvajnapeetam and world's only Hindu Reserve Bank.

Without further due , let's welcome and listen in what His Divine holiness has to share for Hindu Heritage Month .

# Video Presentation



## Good God Country





# Dignitaries list

12 Temples

8 Dignitaries

4 Parliamentarians

# Parthi Kandavel , School Board Trustee



**MSc in Education**

**Director in Ontario Public School board's  
Association for past 6 years**

**Elected School Board Trustee for Toronto  
District School Board**



# Dr. Anu Sriskandarajah, Professor & School Board Trustee



**Professor of Child & Youth Studies at York  
University.**

**Elected School Board Trustee for Toronto  
District School Board**



# Sivatharshi Yoganathan



Secondary Teacher, ESL  
Department Head, Toronto District  
School Board, H.B.Sc, B.Ed)

Passionate about hinduism and  
Tamil culture



# Pundit Roopnauth Sharma, President Of the Hindu Federation



Pundit Roopnauth Sharma Immigrated to Canada from Guyana in 1970 and is currently engaged in senior positions in the following diverse communities:

- **Founder and Spiritual Leader of Ram Mandir in Mississauga**
- **President of the Hindu Federation, an Umbrella body representing Hindu Organizations in Ontario and Canada**
- **President of Canadian Multi-faith Federation (CMF) - an umbrella body representing over thirty faith groups**
- **Vice President and Hindu Chaplin for Interfaith Chaplaincy (IFC) in support of Spiritual care services at Correctional Services Canada (CSC)**
- **Member of the steering committee for the Interfaith Council of Peel Region**



# Sri Chaithanyananda



The founder and Peetadhipati of the Sri Rajarajeswari Temple is Srilasri Chaitanyananda Natha Saraswati, who is affectionately known as “Haran Aiya.” Aiya has dedicated his life to the noble mission of preserving and spreading the knowledge of Devi worship and the rich Tamil Saiva tradition.

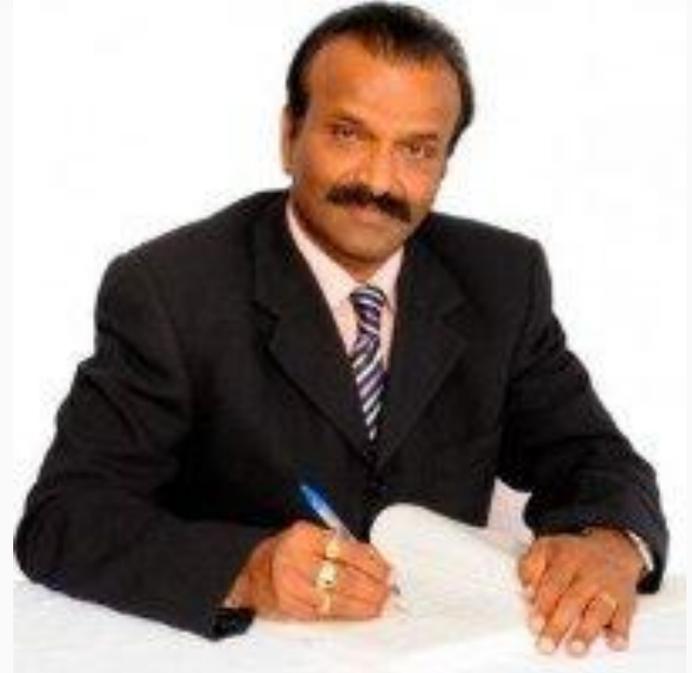
Today, Aiya splits his time between carrying out his duties as Peetadhipati of the Temple and traveling around the world to perform pujas and homas as well as give workshops and classes on various aspects of Sri Vidya and Sanatana Dharma.



# Logan Logendralingam Canada Uthayan



**Chief Editor at Canada Uthayan,  
Canada's Leading Tamil Newspaper**



# Ma Nithya Jnanatmananda Swami



**Ma Nithya Jnanatmananda Swami is an initiated Sanyasi of the Nithyananda Order of Bhagavan Sri Nithyananda Paramashivam and is a Senior Swami of the world's only Hindu nation, Shrikailasa.**

**In her pre-monastic study she completed a Master Degree in Engineering and was a Software Engineer at Microsoft before entering into monastic life.**

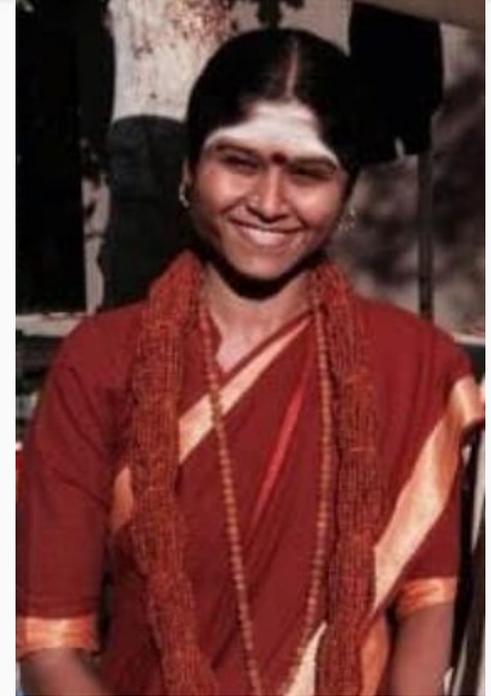


# Ma Nithya Prematmananda Swami



**Ma Nithya Prematmananda Swami is an initiated Sanyasi of the Nithyananda Order of HDH Bhagavan Sri Nithyananda Paramashivam and is a Senior Swami of the world's only Hindu nation, Shrikailasa.**

**In her pre-monastic study she also completed a Master Degree in Electrical & Computer Engineering and worked as a hardware Engineer at IBM before taking the vows of Poorna Sanyasa.**



# Salma Zahid, Member of Parliament



## Member of Parliament

- Scarborough Centre, Ontario

## Committees

### Chair

- **CIMM** Standing Committee on Citizenship and Immigration
- **SCIM** Subcommittee on Agenda and Procedure of the Standing Committee on Citizenship and Immigration

### Member

- **LIAI** Liaison Committee
- **FEWO** Standing Committee on the Status of Women



# Mary Ng, Minister of Small business



## Member of Parliament

- Markham–Thornhill, Ontario

## Offices and Roles as a Parliamentarian

- Minister of International Trade
- Minister of Small Business and Export Promotion

## Parliamentary Associations and Inter Parliamentary Groups

### Member

- **CAAF**Canada-Africa Parliamentary Association
- **CACN**Canada-China Legislative Association
- **CAEU**Canada-Europe Parliamentary Association
- **CAJP**Canada-Japan Inter-Parliamentary Group
- **SECO**Canadian Delegation to the Organization for Security and Co-operation in Europe Parliamentary Assembly





**HON. MARY NG, P.C., M.P.**

**MARKHAM—THORNHILL**

November 28, 2020

**Nithyananda Meditation Academy  
Hindu Heritage Month**

As the Member of Parliament for Markham—Thornhill, I am happy to extend warm greetings to the Nithyananda Mediation Academy on the occasion of your Hindu Heritage Month celebrations.

While COVID-19 prevents us from gathering in person, I am thankful for organizations like the Nithyananda Mediation Academy that go above and beyond to connect the Hindu community virtually.

This month — and every month — marks a time to celebrate the great accomplishments of Hindu Canadians and the role they have played in Canada's vibrant and inclusive identity. It is events like this that help preserve the Hindu culture and heritage and teach the next generation.

The Nithyananda Mediation Academy's resilience, passion, and dedication illustrate that Canada's strength is the diversity in our leadership, communities, and cultures. Let us continue to work together and build a Canada we are all proud to call home.

Thank you Nithyananda Meditation Academy and the organizing committee for your quick response to the realities of COVID-19 and finding new ways of bringing us together.

Sincerely,

Hon. Mary Ng, P.C., M.P.  
Markham-Thornhill



# Sonia Sidhu, Member of Parliament



## Member of Parliament

- Brampton South, Ontario

## Committees

### Vice-Chair

- **FEWO** Standing Committee on the Status of Women

### Member

- **SFEW** Subcommittee on Agenda and Procedure of the Standing Committee on the Status of Women
- **FEWO** Standing Committee on the Status of Women
- **HESA** Standing Committee on Health





Presented to:

# Nithyananda Meditation Academy

On the occasion of your celebration of

## Hindu Heritage Month

As we recognize the immense contribution of Hindu Canadians, I extend my best wishes and warmest congratulations to you on this event. Thank you for all the work you do for the Hindu community and for our country.

Please accept my best wishes as we look forward to your success and the positive impact you will make in your community.

Sincerely,  
*Sonia Sidhu*  
Sonia Sidhu, M.P.  
Brampton South



# Anita Anand, Member of Parliament



## Minister of Public Services and Procurement

### Location: Oakville

The Honourable Anita Anand was first elected as the Member of Parliament for Oakville in 2019.

Minister Anand is a scholar, lawyer, researcher, and mother of four children. Born and raised in rural Nova Scotia, she moved to Ontario in 1985.

For the past two decades, Minister Anand has been a legal academic, employed most recently as a Professor of Law at the University of Toronto. She served as Associate Dean and was a member of the Governing Board of Massey College and the Director of Policy and Research at the Capital Markets Research Institute, Rotman School of Management. She has also taught law at Yale Law School, Queen's University, and Western University.





**ANITA ANAND**  
MEMBER OF PARLIAMENT  
OAKVILLE



November 2020

Hello Hindu Heritage Month Celebration Participants,

During this Hindi Heritage Month, we celebrate our Hindu religion as well as the teachings of the Bhagavaad Gita. We also remember and educate future generations about Hindu-Canadians and the role that they continue to play in communities across Canada.

Although our celebrations are taking on a different format due to COVID-19 pandemic, we must always ensure that light, good and knowledge triumph over darkness, evil, and ignorance.

Thank you so much for all you have done in keeping our community safe this year. All of my very best to you and your families.

Namaste,

A handwritten signature in cursive script that reads "Anita Anand".

Hon. Anita Anand,  
Member of Parliament, Oakville

# Ruby Sahota, Member of Parliament



## Member of Parliament

- Brampton North, Ontario

## Committees

### Chair

- **SPRO** Subcommittee on Agenda and Procedure of the Standing Committee on Procedure and House Affairs
- **PROC** Standing Committee on Procedure and House Affairs

### Member

- **FAAE** Standing Committee on Foreign Affairs and International Development
- **SPRO** Subcommittee on Agenda and Procedure of the Standing Committee on Procedure and House Affairs
- **LIAI** Liaison Committee
- **PROC** Standing Committee on Procedure and House Affairs

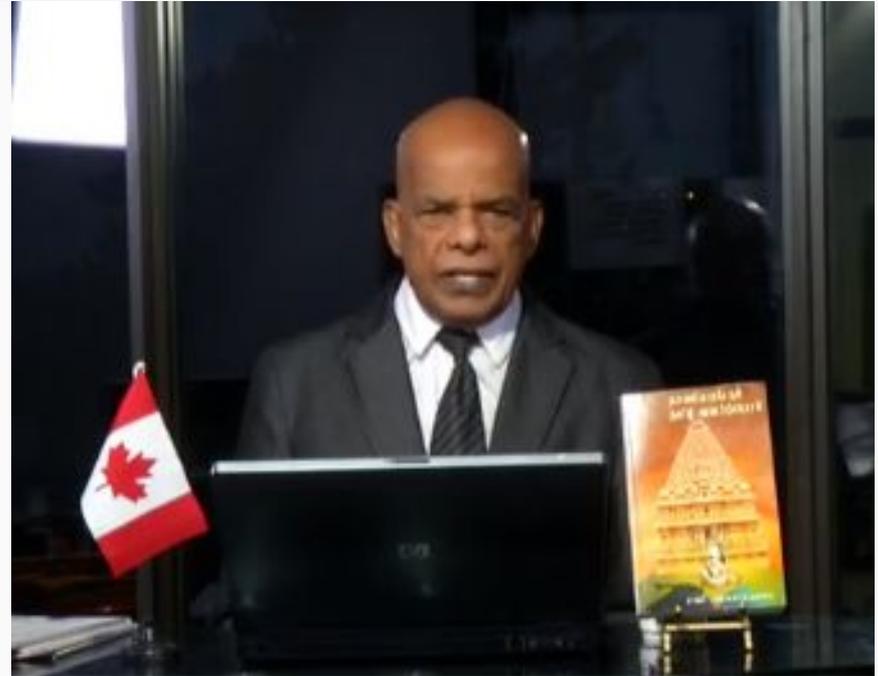


# Samy Appadurai

## Journalist, Broadcaster, Activist



**Our moderator, Samy Appadurai is an award-winning journalist, columnist, broadcaster, author, consultant, activist and community worker. With this background he provides in-depth analysis and igniting interview skills to address the greatness of Hindu philosophy, examine its impact and contributions to the world and the Canadian culture, and how to preserve the Hindu way of life for future generations to come.**



# Closing Remarks



**Post Event Survey**